

CASA/CRB Training Opportunities

January to March 2019



1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: ***Rule 48**.
2. Trainings in **BLUE** are especially recommended and are organized by CASA.
3. Submit all training certificates to **Colleen** in the CASA office for credit towards your required annual training.
4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time!
5. **Please remember to cancel if you are unable to attend. Thank you!**

January, 2019

Before First Breath: The Impact of In-Utero Alcohol & Drug Use on the Developing Child

***Rule 48**

Date: Thursday, January 10, 2019

Time: 5:30 pm – 8:30 pm (3 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Gene Smiley

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: Alcohol & other chemical substances introduced to the child in-utero can impact important developmental processes, causing lifelong physical & behavioral problems for the child. The long-term effects caused by consumption of these substances can include issues of mental retardation, birth defects, abnormal facial features, problems with the nervous system, vision & hearing problems, behavior issues, & growth problems. This workshop will acquaint the participant with common characteristics of fetal alcohol syndrome, fetal alcohol effect, & exposure to drugs in the womb, & offer practical suggestions on working with these children. A resource list will be provided for participants' continued interest beyond the classroom experience.

Drug Detection in Child Protection

***Rule 48**

Date: Monday January 14, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Brian Bethel

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Parental substance use disorders remain a prevalent and complex issue within the child welfare system. Child welfare workers are challenged with the difficult task of ascertaining adequate information about families to complete accurate assessments and make appropriate decisions in order to protect children. Consequently, the recognition and detection of substances and related paraphernalia is an important competency for social service professionals. This training will provide a general overview of the most common substances and their related paraphernalia, as well as the effects these substances have on the body.

Healthy Sexual Development of Children & Teens (3 Credit Hours)

***Rule 48**

Date: Monday, January 14, 2019

Time: 5:30 pm – 8:30 pm

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Mary Beth Olender

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: This training, part of the Fundamentals of Fostering series, introduces basic concepts of sexual development & the Johnson continuum of childhood sexual behavior. Normal sexual behaviors for children from birth to adolescence are outlined along with factors which may influence a child's sexual behaviors. The training will help foster parents know when a child's sexual expression is normative & developmentally appropriate.

Making Report Writing Easy

***Rule 48**

Date: Thursday, January 17, 2019

Time: 5:30 pm - 7:30 pm (2 hours)

Place: Juvenile Justice Center, Training Room 2

Cost: Free

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.

Description: Attend this training to brush up on your report writing skills. Learn tips and trick to making your court report the most useful tool in your CASA tool belt.

Engaging Youth in Transition Planning

***Rule 48**

Date: Friday January 18, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructors: Amanda Davis and Karla McDay

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Transition planning is a personal process, and young people must fully participate. The Fostering Connections to Success and Increasing Adoption Act of 2008 includes a requirement that a youth-directed transition plan be developed 90 days prior to a youth turning 18. However, it is important that we recognize that transition planning begins well before this time. This training provides a definition of transition planning, examines the benefits of youth engagement, and outlines the transition planning process. In addition, participants will learn about the Foster Club's Transition Planning Toolkit - a document that helps transitioning adolescents develop their plans for the future.

Working with Aggressive Children

***Rule 48**

Date: Wednesday, January 23, 2019

Time: 9:00 am - 12:00 pm (3 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Sister M. Rybicki

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: This workshop will define anger & share with the participants various methods & techniques to de-escalate the child's anger & aggressive behaviors. The trainer will present & teach valuable communication skills necessary to deal appropriately with the child's aggression. The participants will learn appropriate social skills to teach the youth how to gain stronger coping skills to deal with their anger.

Working with Kids Who Have Experienced Loss

***Rule 48**

Date: Wednesday, January 23, 2019

Time: 1:00 pm - 4:00 pm (3 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Sister M. Rybicki

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: Participants will examine the correlation of the lack of bonding, attachment, & multiple losses. Trainees will learn the stages of grief related to children. They will learn the coping skills necessary to help & support the grieving child. Participants will read scenarios & see how the grieving process works differently in various situations. Though the focus is on working with kids, this training can be applied to early teens & adults, as well.

Bridges: Building Brighter Futures

***Rule 48**

Date: Wednesday, January 23, 2019

Time: 5:30 pm - 7:30 pm (2 hours)

Place: Juvenile Justice Center, Training Room 2

Cost: Free

Instructor: Geoff Hollenbach, Bridges Program Administrator

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Description: Bridges is a **voluntary** Ohio program which provides **housing** and other supportive services to young adults who leave foster care at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. Join CASA staff to learn more about this exciting program from Geoff Hollenbach, Bridges Program Administrator.

Living the Legacy: The Dramatic Effects of Prenatal Substance Abuse

***Rule 48**

Date: Thursday, January 24, 2019

Time: 5:30 pm – 8:30 pm (3 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Ronna Johnson

To sign up: Call 419-213-3505

Description: The tragic legacy of drug abuse is lived out by the children whose lives are forever changed by prenatal substance exposure. This course will provide an overview of commonly abused drugs, with a focus on how prenatal exposure impacts the developing child, both before & after birth. Focus will be on understanding & supporting children,

from birth through adolescence, who are challenged by drug withdrawal, prematurity, sensory integration disorders, & nutritional & health risks, as well as processing & attentional challenges that impact skill acquisition & learning.

Reaching Higher: Increasing Competency in Practice with LGBTQ Youth in Child Welfare Systems *Rule 48

Date: Friday January 25, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Ronna Johnson

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This training is designed to increase the awareness, knowledge, and skills of social workers and administrators in the child welfare system so that they may effectively and competently meet the needs of LGBTQ youth and their families.

Filtering the Noise from Young "Hood" Boys

***Rule 48**

Date: Thursday January 31, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Instructor: Anthony President

Cost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: In the communication process, noise is anything that impedes a message from being heard. Research suggests that positive messages from parents, teachers, and the media go ignored by black urban youth; yet these same youth display macho attitudes they see from media images of street subculture. The negative messages are sticking, and the good messages are not. Young boys need an adult voice to help them understand the dangers of buying into and emulating the negative subculture of "thugism." This workshop presents strategies for empowering boys to resist the call of "thug life" and become good, law-abiding citizens.

February, 2019

Normalcy and the Reasonable and Prudent Standard: What's the Standard?

***Rule 48**

Date: Friday February 1, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Christine Cross

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: With the passing of the Federal Law - Preventing Sex Trafficking and Strengthening Families Act of 2014, child welfare agencies have been tasked to help foster caregivers make decisions to allow foster youth to have experiences on par with peers who are not in foster care. The law is a departure from the conventional belief that foster youth should not engage in some activities that would be normative for most children of their same age. This workshop seeks to shed light on what is the Reasonable and Prudent Standard and what agency staff and foster parents should do to help youth develop socially and emotionally while ensuring compliance with the law.

Recognizing & Responding to Children who have been Sexually Abused

***Rule 48**

Date: Monday, February 4, 2019

Time: 9:00 am – 4:00 pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Mary Beth Olender

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: This workshop is designed for foster caregivers & adoptive parents who are caring for children who have been sexually abused. The workshop is offered with the understanding that many children in care, or who have been adopted, have not yet disclosed sexual abuse they have experienced. This workshop examines the definition & dynamics of sexual abuse of children. The training will examine the pervasive pathology existing within the sexually abusing home. The workshop develops understanding of the characteristics of caregivers that can best adjust to the needs children who have been sexually abused. Extensive parenting strategies, including strategies to prepare the home to receive children who have been sexually abused as well as strategies to enhance their ongoing care, will be presented.

Girls, Trauma, & Delinquency

***Rule 48**

Date: Tuesday, February 5, 2019

Time: 9:00 am – 4:00 pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

Instructor: Anthony President

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: There has been a rise in delinquent acts committed by girls & increased gang activity including girls. Today, girls account for 30% of all juvenile arrests & 18% of arrests for violent crimes (Office of Juvenile Justice). This workshop

first takes an exploratory view into the world of delinquent girls & the eight factors correlated to female delinquency. Secondly, the workshop reviews the root causes of female delinquency, such as trauma, victimization, social learning, & family/community strain. Also discussed are strategies to advocate for girls across systems & empower them by helping them build protective factors to refrain from delinquent behaviors.

K2, Spice, and Bath Salts: What are Synthetic Drugs?

***Rule 48**

Date: Friday February 8, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

Instructor: China Darrington

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: The use of synthetic drugs has exploded in popularity since 2008, when the DEA first encountered their recreational use. What are they, and why are they so popular? This workshop will explore what is known about the recent phenomenon of synthetic drugs - including the effects the user is looking for - and will identify the ingredients, health concerns, and trends, as well as the reasons it is so difficult to keep these substances illegal and off the market. The workshop will also include a section on how synthetic drugs can, and do, have a place in drug treatment with Suboxone/Subutex and Methadone. Participants will learn what makes one synthetic drug different from another.

The Lost Art of Empathy

***Rule 48**

Date: Friday February 8, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

Instructor: John Ward

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Empathy is the ability to identify with what others are feeling. It is a crucial element of developing positive and successful relationships and can help prevent bullying and social isolation. Unfortunately, in our "hi-tech" society, empathy is a social skill which has become de-emphasized. This class will focus on how caseworkers can help caregivers teach children the importance of empathy, developing emotional sensitivity and helping them connect and communicate with others in a meaningful way. An additional focus will be on "leading through example" - modeling kind behaviors and emotional awareness. Lastly, discussion will focus around how caseworkers can demonstrate empathy to the children, caregivers, and birth families they work with on a daily basis.

Suicide Assessment and Intervention: A Matter of Life and Death

***Rule 48**

Date: Monday February 11, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

Instructor: Brian Bethel

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: The phenomenon of suicide in American culture is a complex and challenging issue for many within the social service profession. Although there are a diversity of factors that contribute to suicide, research studies have cited a high correlation between suicidality and childhood adverse experiences. This curriculum will offer child welfare professionals and social services professional's vital resources for identifying and working with individuals who are suicidal. Specifically, this training will highlight the epidemiological characteristics associated with suicide, highlight common warning signs, and offer specific tools for assessment of suicide lethality. An overview of evidenced-based treatment modalities will be offered for gaining a more in-depth understanding of the clinical issues involved in working with individuals with suicidal ideation.

Gangs, Cliques, and Crews: Understanding Gangs and Youth

***Rule 48**

Date: Tuesday February 12, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

Instructor: Anthony President

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Youth of all socio-economic and racial/ethnic groups are emulating the behaviors, ideology, and pose of the most notorious national street gangs from Los Angeles, Chicago, and New York. The mass media has glamorized the culture such that youth have found its allure mesmerizing. This workshop explores the proliferation of gang culture among the spectrum of members, from hardcore members to "posers" who try to gain popularity by pretending to be members of a gang. Also discussed are reasons why kids join gangs, the profile of gang members, the pathos of gangs, and prevention strategies for keeping kids out of gangs.

Testifying in Court

***Rule 48**

Date: Wednesday, February 13, 2019

Time: 5:30 pm – 7:30 pm (2 hours)

Place: Juvenile Justice Center, Training Room 2

Cost: Free

Instructor: Emily Richter, J.D. and Rochelle Abou-Arraj, J.D.

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Description: Testifying in Court is one of the most important skills a CASA/GAL can learn. In this training tips and tricks will be given to help you identify what information needs to be given to the Court. Additionally, our attorneys will teach you how to present the information to the Court in a compelling way.

Lifelong Connections: Permanency for Older Youth

***Rule 48**

Date: Friday February 15, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

Instructor: Amanda Davis and Karla McDay

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: When planning for permanency with adolescents, we have to think and use approaches differently from when planning for younger children. Permanency for older youth is not centered around the living arrangement; it is not simply providing independent living services; and it is not just offering adoption. Instead, it provides youth with the opportunity to forge lifelong permanent connections to people they identify as important. This training allows participants to experience the impact of permanent connections and grasp why they are important. Finally, participants will come to understand how adolescent development relates to permanency.

Adolescent Development and Culture

***Rule 48**

Date: Wednesday February 20, 2019

Time: 9:00am – 4:00pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

Instructor: Seanine Cook

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: Working with adolescents can be a challenge. This training will help you understand them and the characteristics of their adolescent culture, along with the trends that make them unique when compared to other populations. This training will identify the stages of adolescent development and strategies to effectively engage and manage the adolescents in your life, whether it is on your caseload as a caseworker or in your home as a foster parent.

Visiting the Lucas County Corrections Center

***Rule 48**

Date: Thursday, February 21, 2019

Time: 5:30 pm – 7:30 pm (2 hours)

Place: Lucas County Corrections Center, 1622 Spielbusch Ave.

Cost: Free

Instructor: Lieutenant Robert Chromik, Jr., Booking Commander

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Description: Join CASA staff to learn about the Lucas County Corrections Center from Lieutenant Robert Chromik, Jr. During this training you will:

- Learn the procedure to visit a person in jail
 - Take a tour of the facility
 - Learn about how guests are booked into the jail
 - Receive information about other services provided
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March, 2019

Developmental Stages & Effects of Child Abuse/Neglect

***Rule 48**

Date: Saturday, March 2, 2019 *Jody Johnston-Pawel*

Time: 9:00 am - 4:00 pm (6 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

Instructor: Jody Johnston-Pawel

To sign up: Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

Description: Workshop objectives:

- Understand the developmental stages children typically follow & the effects that child abuse & neglect can have on child development.
- Recognize when developmental delays or misbehaviors are a result of the child's developmental "style," past upbringing, or a true developmental delay.

Anxiety Disorders: Joy, Fear, Anger, Disgust, and Sadness all Working Together***Rule 48****Date:** Friday March 8, 2019**Time:** 9:00am – 4:00pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Linda Davis**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov

Description: In this workshop, the different types of anxiety that adults and children experience will be explored. The following DSM criteria will be explored: separation anxiety disorder, selective mutism, specific phobia, social anxiety (social phobia), panic disorder, agoraphobia, and generalized anxiety disorder. The statistical prevalence and treatment methods will also be identified and discussed for each criterion. Case examples will be discussed from Hollywood films and actors/authors. Large and small in-depth group discussions will occur as participants explore the psychological significances in the case examples and apply those discussions to the regulations of emotions and the diagnoses of anxiety disorders.

Bridges Out of Poverty: Strategies for Professionals and Communities***Rule 48****Date:** Tuesday March 12, 2019**Time:** 9:00am – 4:00pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Lorenzo Lewis**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Bridges Out of Poverty introduces a framework or larger perspective for understanding poverty within the arena of child welfare. Reviewing this perspective allows caseworkers to understand the hidden rules of poverty, mental models, resources, and family structure, in order to better work with clients in poverty.

Collaboration: CASA, LCCS, and Therapists Working Together***Rule 48****Date:** Wednesday, March 13, 2019**Time:** 5:30 pm – 7:30 pm (2 hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**Instructor:** Adrienne Fricker-Elhai, Ph.D. and Kelly Crampton, LSW**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Description: Collaboration is a key component of CASA advocacy. Join CASA Staff to learn from Adrienne Fricker-Elhai, Ph.D. of The Cullen Center and Kelly Crampton of LCCS regarding ways that CASA volunteers, LCCS workers, and therapists can work together to promote the best interests of the families we serve.

Reaching Higher: Increasing Competency in Practice with LGBTQ Youth in Child Welfare Systems***Rule 48****Date:** Thursday March 14, 2019**Time:** 9:00am – 4:00pm (6 Credit Hours)**Place:** Adopt America, 3100 West Central Ave.**Cost:** Free**Instructor:** Susan Kautz**To sign up:** E-mail Kathy at Kschafer@adoptamericanetwork.org (419) 726-5100

Description: This training is design to increase the awareness, knowledge, and skills of social workers and administrators in the child welfare system so that they may effectively and competently meet the needs of LGBTQ youth and their families.

Blurry Lines: Boundaries for CASA/GAL Volunteers***Rule 48****Date:** Thursday, March 21, 2019**Time:** 5:30 pm – 7:30 pm (2 hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**Instructor:** Rochelle Abou-Arraj, J.D. and Colleen Schoonmaker**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Description: Learn more about boundaries as a CASA volunteer. What can and can't we do as CASA volunteers? CASA staff will facilitate discussion among volunteers and answer any questions participants have regarding boundaries.
