

CASA/CRB Training Opportunities

October to December 2018



1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: ***Rule 48**.
2. Trainings in **BLUE** are especially recommended and are organized by CASA.
3. Submit all training certificates to **Colleen** in the CASA office for credit towards your required annual training.
4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time!
5. **Please remember to cancel if you are unable to attend. Thank you!**

October, 2018

Becoming Trauma Informed: Understanding Trauma

***Rule 48**

Date: Tuesday, October 2, 2018

Time: 2:00 pm - 4:30 pm (2.5 hours)

Place: United Way of Greater Toledo, 424 Jackson St.

Cost: Free

To sign up: Email lucascticc@gmail.com

Instructor: Adrienne Fricker-Elhai, Ph.D.

Description: Each child in the child welfare system has dealt with some type of trauma from parent's actions or being removed from their home. Trauma Informed Care is a treatment framework that involves realizing the widespread impact of trauma, recognizing the signs and symptoms of trauma, and responding to the effects of all types of trauma.

NAMI 4th Annual Latino Mental Health Forum

***Rule 48**

Date: Friday, October 12, 2018

Time: 8:00 am - 2:45 pm (5 hours)

Place: UT Student Union Auditorium, 3154 N. Towerview Blvd.

Cost: Free

To sign up: <https://bit.ly/2MFGzqv>

Instructor: NAMI Greater Toledo

Description: The forum will focus on contemporary issues in the behavioral health treatment of Latinos, specifically making cultural connections that ensure service delivery. Additionally, raising awareness and building community access to services, treatment, support, education and advocacy for Latinos.

CEU's have been requested for Social Workers and Therapists.

Parking will be in Area 13 (including garage) by West Entrance. A map can be found at the following link:

<https://www.utoledo.edu/campus/directions/pdfs/Main-Campus-Map.pdf>

Caution, Stop, & Yield: Signs & Symptoms of Mental Health Disorders in Children & Adolescents

***Rule 48**

Date: Saturday, October 13, 2018

Time: 9:00 am - 12:00 pm (3 hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

To sign up: Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at

<https://www.surveygizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>

Instructor: Katie Terry

Description: This three-hour training will provide an overview of the four most commonly diagnosed mental health disorders for children who have experienced abuse or neglect: Reactive Attachment Disorder, Attention Deficit/Hyperactivity Disorder, Oppositional Defiant Disorder, and Post Traumatic Stress Disorder. Parents will learn some simple interventions they can use to help these children.

Oppositional Behaviors: A Look at ADD/ADHD, ODD, and other Defiant Behaviors

***Rule 48**

Date: Tuesday, October 16, 2018

Time: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

To sign up: Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at

<https://www.surveygizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>

Instructor: Gene Smiley

Description: This workshop underscores the importance of labeling behaviors and certain personality characteristics - not the child. Participants will understand how some oppositional behaviors in childhood can be attributed to parenting style, family and life circumstances, or core temperaments, while other, more clinically significant, oppositional behaviors may be related to diagnosable conditions rooted more in the child's biology or genetics. Participants will explore the origin of

behavior in children and come to a better understanding of why children oppose boundaries, rules, and authority. Oppositional behaviors are best managed with timely and skilled interventions; and the earlier, the better. The sometimes controversial issue of medication versus no medication for behavior issues will be discussed. Participants will become more aware of interventional approaches, goals, and effective resources for helping children become more responsible and more accountable for their own behavior.

Module 3: Treatment and Recovery for Parents Affected by Substance Use, Mental, and Co-Occurring Disorders

***Rule 48**

Date: Tuesday, October 16, 2018

Time: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Instructor: Ashley Kopaniasz

Description: Module three of a five-part series helps child welfare professionals understand the treatment and recovery processes experienced by parents with substance use, mental and co-occurring disorders. The module includes content addressing what effective treatment looks like and how child welfare professionals can help parents obtain appropriate treatment. It also provides a description of the treatment process and key goals during treatment and recovery. Issues related to treatment monitoring, outcomes, and expectations after treatment are examined, along with unique cultural implications for gender specific treatment needs of both men and women.

Kinship Care: What Child Welfare Professionals and Kin Caregivers Need to Know

***Rule 48**

Date: Tuesday, October 16, 2018

Time: 2:00 pm - 3:00 pm (1 hours)

Place: Webinar

Cost: Free

To sign up: https://www.aecf.org/blog/webinar-highlights-what-caregivers-need-to-know-about-kinship-care/?utm_source=eblast&utm_medium=email&utm_campaign=child-welfare

Instructor: Joe Crumbley and Tracey Feild

Description: Join the Annie E. Casey Foundation for a lively webinar, "Kinship Care: What Child Welfare Professionals and Kin Caregivers Need to Know." After the webinar, participants will be able to:

- Describe current trends in kinship care.
 - Articulate key differences between kin care and non-relative foster care.
 - Access the "Engaging Kinship Caregivers" video training series, including a companion discussion guide, for child welfare professionals.
 - Access "The Unique Challenges of Kinship Care" video training series, including a companion discussion guide, designed for kinship caregivers.
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Understanding Families who are Muslim

***Rule 48**

Date: Thursday, October 18, 2018

Time: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Instructor: Anthony President

Description: There are between 3 and 5.7 million Muslims in the United States (Shaefer); and Islam, the religion of the Muslims, is one of the fastest-growing religions in this country. Muslims are from many different racial and ethnic groups, as well as diverse countries of origin. Not all Muslims are the same, nor are all Middle Easterners. This session seeks to inform participants of the range of beliefs, customs, and racial/ethnic make-up of Muslims and Middle Easterners living in America. Participants will learn about culture of Muslims and Middle Easterners, as well as how to honor and value customs and traditions and overcome the barriers to understanding.

Adolescent Development

***Rule 48**

Date: Thursday, October 18, 2018

Time: 1:00 pm - 4:00 pm (3 hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

To sign up: Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at

<https://www.surveymzmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>

Instructor: Karla McDay

Description: This training, part of the Fundamentals of Fostering series, focuses on the physical, cognitive, social, and emotional development of adolescents (ages 12-21). Participants will learn about typical development, why adolescents can have such challenging behaviors, and how to support healthy development in adolescents.

Development of School Age Children***Rule 48****Date:** Thursday, October 18, 2018**Time:** 5:30 pm - 8:30 pm (3 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveygizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** Karla McDay**Description:** This training, part of the Fundamentals of Fostering series, focuses on the physical, cognitive, social, and emotional development of children six to 11 years. Participants will learn about typical development, how to address developmental concerns, and how to support healthy development in school age children.**Child and Animal Abuse*****Rule 48****Date:** Friday, October 19, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Theresa Johnson**Description:** Throughout history, child and animal control workers have been intertwined. The first case of child abuse and neglect in the United States was filed in the court system by the Society for the Prevention of Cruelty to Animals in 1874. Today, humane agents are given legal rights to protect children by being mandated reporters and they have the authority to remove children from parents. This workshop is designed to make child welfare workers aware of the roles and responsibilities of child welfare, humane agents, and dog wardens. Workers will learn how reports are made to these agencies. Also, a discussion will take place about dog bites and the dynamics surrounding why dogs bite children. Dangerous and vicious animals will be discussed so that workers can accurately assess if there are dangerous and vicious animals living in the home with children. Dog fighting is also an event that many children attend or are exposed to and which affects their emotional state. Workers will be given information on how to detect dog fighting in homes.**Sibling Sexual Abuse: It's All Relative*****Rule 48****Date:** Monday, October 22, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveygizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** Brian Bethel**Description:** The topic of sibling sexual abuse is a disheartening phenomenon that most likely is far more prevalent than previous research has acknowledged. In fact, the occurrence of sibling sexual abuse remains the least recognized form of incest because it is often hidden behind a curtain of secrecy. Unfortunately, there continue to be many misconceptions that are perpetuated from the lack of awareness and research related to sibling sexual abuse. Consequently, kinship, foster, and adoptive caregivers often confront the complex challenges associated with sibling sexual abuse. This workshop will provide an overview of the current data associated with sibling sexual trauma. Specific strategies will be offered to assist caregivers who serve children and families impacted by sibling sexual abuse.**Creating Awareness for Implicit Bias*****Rule 48****Date:** Tuesday, October 23, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Dan Houston**Description:** This six-hour workshop is an introduction to errors we make in assessing culture. The workshop will explore evidence that suggests when workers and supervisor make decisions concerning families, often implicit bias is a factor in the decisions to remove, provide services, or develop an in-home safety plan. This workshop explores how we think about and treat our families within the context of intake, alternative response, kinship care, and foster care placement. This workshop will improve self-awareness, assessment skills, and the ability to provide services, and will help supervisors and workers overcome biases.

Healing the Hunger: Recognition and Treatment of Eating Disorders***Rule 48****Date:** Tuesday, October 23, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Brian Bethel

Description: Eating disorders are a tragic and complex phenomena that have increased in prevalence within recent years. This training will provide participants with the common signs and symptoms associated with eating disorders. A review of the diagnostic criteria for the various forms of eating disorders will be reviewed. In addition, this training will explore the potential risk factors and medical consequences that often are precipitated from disordered eating. An overview of treatment approaches will be offered to allow participants the opportunity to gain a more in-depth understanding of the clinical issues associated with treating individuals with eating disorders.

Fathers Matter***Rule 48****Date:** Wednesday, October 24, 2018**Time:** 5:30 pm - 7:30 pm (2 hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753**Instructor:** Avis Files, Director of Family Supportive Services, Brothers United Fatherhood Program

Description: Brothers United is a successful and highly respected program that is helping men tackle the challenges of fatherhood so they, and their families, can reap its rewards. Brothers United offers a six week program to teach Fathers important skills, as well as mentorship, employment opportunities, and support groups. Attend this training to learn about why Fathers are so important in the lives of their children, the Brothers United Fatherhood Program, and other services which are offered by Pathway Inc.

The Five Love Languages of Teens***Rule 48****Date:** Friday, October 26, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** John Ward

Description: Every day, teenagers face a variety of pressures and stresses from their peers - socially, mentally, and spiritually. Despite these peer pressures, it is still parents who can influence teens the most. Based on the work of Dr. Gary Chapman in the book, The Five Love Languages of Teens, this class explores the world in which teenagers live, explains developmental changes, and provides tools to help you identify the love language of your teen, and appropriately communicate with your teen in his/her unique love language. As a participant, you will get practical tips on loving your teen effectively and explore key issues in your teen's life, including anger and independence. Finally, you'll learn how to set boundaries that are enforced with discipline and consequences and discover useful ways for the difficult task of loving when your teen fails.

NAMI of Greater Toledo's 6th Annual African American Conference***Rule 48****Date:** Friday, October 26, 2018**Time:** 9:30 am - 3:00 pm (4 hours)**Place:** Glenwood Lutheran Church, 2545 Monroe St.**Cost:** Free**To sign up:** <https://bit.ly/2MFGzqv>**Instructor:** NAMI of Greater Toledo**Description:** Objectives:

- Participants will gain a better understanding of the process to receive treatment from the first phone call to discharge/follow-up
 - Participants will gain understanding on the importance of being proactive and taking personal responsibility for receiving services
 - Participants will gain a better understanding of their rights and how to advocate for themselves
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Best Practices for CASA/GAL***Rule 48****Date:** Saturday, October 27, 2018**Time:** 9:30 am - 11:30 am (2 hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753**Instructor:** Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.

Description: Interested in refreshing your CASA skills? Want to learn what's new with CASA? Ready to have your questions answered by CASA Staff? Join us for this training session to brush up on your CASA skills. Office staff will update you regarding new developments in CASA cases, new CASA procedures, and Rule 48 requirements.

The Importance of Working with Primary Families

***Rule 48**

Date: Saturday, October 27, 2018

Time: 1:00 pm - 4:00 pm (3 hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

To sign up: Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at

<https://www.surveymgizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>

Instructor: Val Larkin

Description: This workshop provides information about the losses experienced by birth families, expected behaviors of grieving birth parents, and ways to work effectively with birth families.

Domestic Violence Fundamentals and the Effects on Adult and Child Victims

***Rule 48**

Date: **Monday, October 29, 2018 and Tuesday, October 30, 2018**

Time: 9:00 am - 4:00 pm (12 hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Instructor: Darla Bolon

Description: This two-day training begins with an in-depth overview of the dynamics of domestic violence/intimate partner violence (DV/IPV). We will explore the facts and myths of DV/IPV, causal theories, why adult victims stay in these relationships, and why perpetrators may be resistant to change. The CPS worker will have an opportunity to practice interviewing and assessment skills specific to this population, including interviewing the batterer, the victim, and the child. CPS workers will learn to assess for lethality and other risk factors and to develop appropriate safety plans for adult and child victims. Legal issues will be addressed including the family's options for legal protection. ****PLEASE NOTE:** CASA volunteers should not develop safety plans or provide the family with options for legal protection. These are issues the caseworker must discuss with the family.

November, 2018

Teaming with the Parentified Child

***Rule 48**

Date: Thursday, November 1, 2018

Time: 9:00 am - 4:00 pm (6 hours)

Place: Adopt America Network, 3100 W. Central Ave.

Cost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Instructor: Anthony President

Description: The parentified child is one who assumes adult responsibilities for herself, her siblings, and her parents because her parents will not or cannot assume the parental role. Burdened by parental responsibilities, the parentified child is not free to experience the wonders of childhood and, as a result, her social, emotional, and psychological development is neglected. Participants in this workshop will explore the root cause of why children become parentified and will develop a plan of action that caseworkers can use to assist caregivers in helping these children become children again so that they can experience a typical childhood and learn to develop a typical childhood identity.

Module 4: Understanding the Needs of Children of Parents with Substance Use, Mental, or Co-Occurring Disorders

***Rule 48**

Date: Friday, November 2, 2018

Time: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center, 711 Adams St.

Cost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Instructor: Ashley Kopaniasz

Description: Module four of a five-part series provides child welfare workers with an understanding of the various ways in which children are impacted by parental substance, mental, or co-occurring disorders—from prenatal exposure through childhood and adolescent development. The content covers the possibility that children may be experiencing their own personal alcohol and drug or mental disorders. As a result, it includes the importance of screening to identify affected children so that referrals can be made to professionals trained in assessment and intervention with these children.

Listening for Goodness Sake***Rule 48****Date:** Friday, November 2, 2018**Time:** 9:00 am - 12:00 pm (3 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveygizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** John Ward

Description: Effectively learn essential skills for handling emotionally charged people and circumstances gracefully. As a participant, you will learn to identify your emotional triggers and build bridges that lead to resolution. You will also learn to increase your ability to break through communication barriers, communicate with warmth and empathy, and show understanding and respect.

Personal Safety: Saving Your Neck***Rule 48****Date:** Tuesday, November 6, 2018**Time:** 1:00 pm - 4:00 pm (3 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Anthony President

Description: While at the workplace or in the field your personal safety comes first and foremost. You must be on guard at all times and understand that the potential for an attack is always there, whether by one of your clients or a stranger. You must assess each interaction to determine, "Am I at risk right now?" and if so, you must be able to formulate an action plan. This workshop teaches personal safety strategies that can be used to avoid violent conflict and assaults and to defuse crisis situations.

Casework Interviewing, Problem-Solving, and Crisis Intervention***Rule 48****Date:** Wednesday, November 7, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Brian Lowery

Description: Sorting through the "CLUES" of family function and dysfunction could put even the producers of Colombo and CSI into a tizzy. This class will present several effective interviewing techniques and offer suggestions that caseworkers might suggest to help families resolve their unique problems. Also, this workshop will examine the dynamics of crisis and offer suggestions for crisis counseling, verbal de-escalation, and stress management.

Testifying in Court***Rule 48****Date:** Wednesday, November 7, 2018**Time:** 5:30 pm - 7:30 pm (2 hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753**Instructor:** Emily Richter, J.D. and Rochelle Abou-Arraj, J.D.

Description: Testifying in Court is one of the most important skills a CASA/GAL can learn. In this training tips and tricks will be given to help you identify what information needs to be given to the Court. Additionally, our attorneys will teach you how to present the information to the Court in a compelling way.

Peeling Back the Layers: Seeing Past our Children's Defense Mechanisms***Rule 48****Date:** Thursday, November 8, 2018**Time:** 5:30 pm - 8:30 pm (3 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveygizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** Beth Phillely

Description: This three-hour class will assist foster parents in learning about defense mechanisms: how and why they are formed, who uses them, and how they affect relationships. Participants will leave the class with strategies to help them see past the defense mechanisms their children may be using, to be able to see the wonderful children underneath. In addition, parents will learn how to help their children use more healthy/mature defense mechanisms. *This class will include a finger-painting activity. Participants should dress accordingly or bring a paint shirt.*

Diagnosis Unknown: A Layman's Guide to Mental and Emotional Disorders***Rule 48****Date:** Tuesday, November 13, 2018**Time:** 9:00 am – 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Brian Bethel

Description: The prevalence of mental and emotional disorders has steadily increased over the last three decades. As a result, it is common for child welfare professionals to work with individuals who have a mental or emotional disorder. Consequently, it has become necessary for child welfare workers to have a basic understanding of the signs and symptoms of mental and emotional disorders. This training will provide participants with an overview of mental and emotional disorders, as classified in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM-IV-TR).

What the Heck is MAT?***Rule 48****Date:** Thursday, November 15, 2018**Time:** 5:30 pm – 7:30 pm (2 hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**To sign up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753**Instructor:** Ashley Kopaniasz

Description: Medication Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies to provide a "whole-patient" approach to the treatment of substance use disorders. Ashley Kopaniasz, Director of Integrated AOD Services at Unison Behavioral Health Group, will join us to explain:

- What are Methadone, Buprenorphine, and Naltrexone?
 - How do they help parents with substance use disorders?
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I'm Not Crazy, I'm Just Not You***Rule 48****Date:** Thursday, November 15, 2018**Time:** 9:00 am – 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Dan Houston

Description: Have you ever asked yourself why it is easier to interact with some people than with others? Have you ever approached a conversation with the best intentions only to watch it disintegrate before your eyes? The fact is that innate preferences influence how we think, interact, and communicate with others, how we perceive the world, and define what's important to us. In short, people have different "styles." This workshop will help you understand how to work with different communication styles, behaviors, and interaction types. In addition participants will leave with:

- A clearer understanding of how to minimize conflict in many areas, including personal and professional communication
 - The ability to better identify colleague and client strengths and struggles
 - Ways to promote improved interpersonal relationships toward building stronger teams and partnerships
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Lessons from the Life of a Transracial Adoptee: What Every Parent Should Know***Rule 48****Date:** Friday, November 16, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveymoz.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** Kevin Hofmann

Description: Kevin Hofmann, foster care alum and adoptee, offers his unique viewpoint as a transracially adopted child. He shares his experiences related to developmental stages of racial awareness and identity, and what he needed to prepare him for the racism he would experience in childhood. Kevin shares what his parents did right and what he believes they could have done differently to help him. The workshop also provides research-based strategies for families to help children identify, understand, and manage racial prejudice.

Normalcy and the Reasonable and Prudent Standard: What's the Standard?***Rule 48****Date:** Saturday, November 17, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveymogizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** Dr. Christine Cross

Description: With the passing of the Federal Law - Preventing Sex Trafficking and Strengthening Families Act of 2014, child welfare agencies have been tasked to help foster caregivers make decisions to allow foster youth to have experiences on par with peers who are not in foster care. The law is a departure from the conventional belief that foster youth should not engage in some activities that would be normative for most children of their same age. This workshop seeks to shed light on what is the Reasonable and Prudent Standard and what agency staff and foster parents should do to help youth develop socially and emotionally while ensuring compliance with the law.

The Art of Listening and Confronting Conflict for Caseworkers and Supervisors***Rule 48****Date:** Tuesday, November 27, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Adopt America Network, 3100 W. Central Ave.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** John Ward

Description: Participants will discuss practical applications that will help restore and deepen stalled or conflictive relationships with staff and others. You will learn how to ask helpful questions that yield fresh insight and deeper understanding, and obtain the tools to manage difficult change. You will discover how to improve your ability to help others by becoming more genuine, focused, and confident in your confrontations with others. You will also learn essential skills for gracefully handling emotionally charged people and circumstances. Discussion will help you learn how to break through barriers, communicate empathy, and show understanding and respect.

JLT and CASA Present: The Brain Architecture Game***Rule 48****Date:** Tuesday, November 27, 2018**Time:** 5:30 pm - 7:30 pm (2 hours)**Place:** Reynolds Corner Branch Library, 4833 Dorr St. Toledo, OH 43615**Cost:** Free**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753**Instructor:** Colleen Schoonmaker and Erin Peterson

Description: The Junior League of Toledo and Lucas County CASA present The Brain Architecture Game. This powerful interactive activity vividly illustrates the effect early life experiences have on brain development. Join us for a fun game as we discuss the research about how Adverse Childhood Experiences (ACEs) impacts future health.

Developing a Medical Mindset: Casework Concerns for Children with Special Health Care Needs ***Rule 48****Date:** Thursday, November 29, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Ronna Johnson

Description: The purpose of this course is to increase caseworker knowledge regarding medical issues and the potential impact of a child's chronic illness and disability on casework practice. This course explores a variety of common medical concerns and technology needs, and explores the challenges of working within a community-based, multidisciplinary team, on behalf of children in care and who have special health care needs.

Healthy Youth! Promoting Well-being During the Treacherous Teens***Rule 48****Date:** Thursday, November 29, 2018**Time:** 5:30 pm - 8:30 pm (3 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveymogizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** Ronna Johnson

Description: This course addresses six critical types of adolescent health behaviors that research shows contribute to the leading causes of death and disability among adolescents. These six critical health behaviors include: alcohol and drug use, injury and violence, tobacco use, nutrition, physical activity, and sexual risk behaviors. These behaviors usually are established during childhood, persist into adulthood, are inter-related, and are preventable. In addition to causing serious health problems, these behaviors also contribute to the educational and social problems that confront the nation, including failure to complete high school, unemployment, and crime. Disparities in health care will also be addressed.

December, 2018

Cultural Issues in Foster Care

Date: Tuesday, December 4, 2018

Place: Lucas County Conference and Learning Center, 711 Adams St.

To sign up: Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at

<https://www.surveymzmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>

Instructor: Angie Irby

Description: This workshop will explore the importance of culture in a foster family. Participants will learn to differentiate culture from race, ethnicity, or gender. Common cultural misconceptions and conflicts, particularly those involving foster families, will be addressed. Participants will learn about ethnocentrism, stereotyping, prejudice, and discrimination. The formation of racial identity for children will be presented. Finally, participants will develop parenting strategies to assist children in the development of strong, healthy identity formation and self-esteem.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Finding Hope and Humor with Attention Deficit Disorder

Date: Tuesday, December 4, 2018

Place: Lucas County Conference and Learning Center, 711 Adams St.

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Instructor: John Ward

Description: Attention Deficit Disorder (ADD) has its ups and its downs - literally. ADD affects everyone in the family, not just those who are diagnosed with the disorder. However, there can be a bright and humorous side in dealing with ADD, and hope can be found for those with this disorder and those it affects indirectly. Just buckle up and enjoy the ride!

***Rule 48**

Time: 9:00 am – 4:00 pm (6 hours)

Cost: Free

The Dramatic Effects of Prenatal Substance Exposure: Living the Legacy

Date: Wednesday, December 5, 2018

Place: Lucas County Conference and Learning Center, 711 Adams St.

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Instructor: Ronna Johnson

Description: This training focuses on an understanding of the complex health and medical needs of these children. Challenged by fetal alcohol exposure, drug withdrawal, prematurity, sensory integration disorders, nutritional and health risks, as well as processing and attentional issues that can impact skill acquisition, behavior, and learning, participants will learn how to empower caregivers to support these children from birth through adolescence.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Don't Talk...Don't Trust...Don't Feel: Growing Up with an Addicted Parent

Date: Thursday, December 6, 2018

Place: Lucas County Conference and Learning Center, 711 Adams St.

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Instructor: Brian Lowery

Description: Drug and alcohol abuse may be a factor in two-thirds of all substantiated cases of abuse and neglect. This class will explore the dynamics of growing up in a home where one of the primary caregivers is abusing substances or is addicted. Roles children take on to meet their needs and bring balance to their family will be examined. Approaches to healing are discussed with emphasis on individual and group approaches.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Blurry Lines: Boundaries for CASA/GAL Volunteers

Date: Thursday, December 6, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Rochelle Abou-Arraj, J.D. and Colleen Schoonmaker

Description: Learn more about boundaries as a CASA volunteer. What can and can't we do as CASA volunteers? CASA staff will facilitate discussion among volunteers and answer any questions participants have regarding boundaries.

***Rule 48**

Time: 5:30 pm - 7:30 pm (2 hours)

Cost: Free

Verbal De-escalation in Child Welfare***Rule 48****Date:** Saturday, December 8, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveymgizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** Brian Lowery

Description: This class will examine how pre-placement experiences and current stressors may affect a foster child's behavior. The skills of active listening, non-violent communication, and de-escalation will be reviewed. Levels of crisis development and the conflict cycle are discussed, emphasizing appropriate foster parent response. Trainees will participate in exercises and demonstrations concerning personal space, body posture and motion, and their cultural implications.

Sibling Sexual Abuse: It's all Relative***Rule 48****Date:** Tuesday, December 11, 2018**Time:** 9:00 am – 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Brian Bethel

Description: This workshop will provide an overview of the current data associated with sibling sexual trauma. Specific strategies will be offered to assist professionals who serve children and families impacted by sibling sexual abuse.

Module 5: Developing a Comprehensive Response for Families Affected by Substance Use, Mental, and Co-Occurring Disorders***Rule 48****Date:** Tuesday, December 11, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Instructor:** Ashley Kopaniasz

Description: Module five of a five-part series provides child welfare professionals with an understanding of recommendations for integrating substance use, mental, or co-occurring disorders information about an individual or family member into the child welfare case plan. The module also considers how to assure the delivery of culturally competent services and monitor progress. In addition, this module points to the importance of collaborating with other service providers when developing and monitoring a family service case plan.

Can We Talk? Improving Communication Skills***Rule 48****Date:** Thursday, December 13, 2018**Time:** 1:00 pm - 4:00 pm (3 hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**To sign up:** Email AnneVictoria Smith at AnneVictoria.Smith@jfs.ohio.gov or sign up at<https://www.surveymgizmo.com/s3/4545767/NWORTC-Online-Foster-Adoptive-Parent-Training-Registration>**Instructor:** Beth Philley

Description: This class will assist parents in communicating with each other, their caseworkers, and their children. In this workshop, we will explore the various learning styles and how they translate into diverse communication styles. By comparing and contrasting the various types of communication, we will learn how to understand those around us and how to make sure we are understood.