

CASA/CRB Training Opportunities

July to September 2018



1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: ***Rule 48**.
2. Trainings in **BLUE** are especially recommended and are organized by CASA.
3. Submit all training certificates to **Colleen** in the CASA office for credit towards your required annual training.
4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time!
5. **Please remember to cancel if you are unable to attend. Thank you!**

July, 2018

Bridges Out of Poverty, Day One Training

Date: Tuesday, July 17, 2018

Place: EMS Services Training Center, 2127 Jefferson Ave. Toledo, OH

To sign up: <https://goo.gl/ga121R>

Instructor: Stephen MacDonald

Description: This seminar gives staff and volunteers the common language, understanding and tools to prevent and alleviate poverty. Participants increase awareness of how economic class impacts life experience, resources, and stability. Customer service and teamwork in business and community settings are improved. This seminar is based on the book Bridges Out Of Poverty: Strategies for Professionals and Communities which is a collaboration between Ruby K. Payne, Philip DeVol, and Terie Dreussi Smith.

***Rule 48**

Time: 9:00 am - 4:30 pm (6 hours)

Cost: Free

Best Practices for CASA/GAL

Date: Thursday, July 19, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.

Description: Interested in refreshing your CASA skills? Want to learn what's new with CASA? Ready to have your questions answered by CASA Staff? Join us for this training session to brush up on your CASA skills. Office staff will update you regarding new developments in CASA cases, new CASA procedures, and Rule 48 requirements.

***Rule 48**

Time: 5:30 pm - 7:30 pm (2 hours)

Cost: Free

Community Film Screening: Resilience Documentary

Date: Thursday, July 19, 2018

Place: Maumee Indoor Theater 601 Conant St. Maumee, OH

To sign up: <https://goo.gl/T7ttif>

Presented by: The Cullen Center

Description: Come one, come all to the community screening and panel discussion of RESILIENCE. This short documentary discusses the national movement to prevent childhood trauma, treat Toxic Stress, and greatly improve the health of future generations. Immediately following the screening, a one hour panel discussion with community members and experts will take place. **Children are welcome to view the free child friendly movie in theater 2, but child care will not be provided.** Seating is limited for adults. Popcorn and pop are included. Please RSVP by Monday, July 16th, 2018.

***Rule 48**

Time: 6:30 pm - 8:30 pm (2 hours)

Cost: Free

Adverse Childhood Experiences: The Brain Architecture Game

Date: Wednesday, July 25, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Colleen Schoonmaker and Judy Leb, J.D.

Description: This powerful interactive activity vividly illustrates the effect early life experiences have on brain development. Join us for a fun game as we discuss the research about how Adverse Childhood Experiences (ACEs) impacts future health.

***Rule 48**

Time: 5:30 pm - 7:30 pm (2 hours)

Cost: Free

August, 2018

Child Development Fundamentals

Date: Thursday, August 2, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Debra McMullen

Description: This training, part of the Fundamentals of Fostering series, introduces the fundamental principles of child development and the importance of relationships, structure, and experiences for healthy development. Brain development and normalcy will be addressed. The caregiver's role in supporting development will be discussed, including addressing developmental concerns.

***Rule 48**

Time: 5:30 pm - 8:30 pm (3 hours)

Cost: Free

Development of School Age Children

Date: Friday, August 3, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Debra McMullen

Description: This training, part of the Fostering of Fundamentals series, focuses on the physical, cognitive, social, and emotional development of children six to eleven years. Participants will learn about typical development, how to address developmental concerns, and how to support healthy development in school age children.

***Rule 48**

Time: 9:00 am - 12:00 pm (3 hours)

Cost: Free

Early Childhood Development

Date: Friday, August 3, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Debra McMullen

Description: This training, part of the Fundamentals of Fostering series, focuses on the physical, cognitive, social, and emotional development of children ages newborn to five years. Participants will learn about typical development, how to recognize developmental concerns, and how to support healthy development in young children.

***Rule 48**

Time: 1:00 pm - 4:00 pm (3 hours)

Cost: Free

Skills and Strategies for Working with Parents of Limited Cognitive Abilities

Date: Thursday, August 9, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Allison Wilson-Brennan

Description: In this workshop participants will:

- Discuss how to build a relationship with parents with limited cognitive functioning.
 - Learn a variety of ways to communicate with and be supportive of these parents.
 - Learn how to recognize parenting skills they might need to learn and how to best model these skills.
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***Rule 48**

Time: 1:00 pm - 4:00 pm (3 hours)

Cost: Free

Get the F-A-X: Listening, Problem-Solving, and Communication Skills

Date: Friday, August 10, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Allison Wilson-Brennan

Description: Discover how to use and model "F-A-X Listening" - a simple three-step process that helps children express their feelings appropriately while teaching them how to independently solve problems and resolve conflicts. Use F-A-X listening to open the lines of communication in any relationship - with children or adults!

***Rule 48**

Time: 1:00 pm – 4:00 pm (3 hours)

Cost: Free

Facilitating Healing, Resilience, and Hope: Trauma Responsive Care

Date: Friday, August 10, 2018

Place: Huntington Room, Main Library, 325 N. Michigan St. Toledo

To sign up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Mary Vicario, LPCC-S

Description: Trauma affects 100% of families served by Lucas County Children Services and CASA volunteers. Through understanding of the latest trauma research and careful translation into practice, we can help trauma survivors experience healing, resiliency, and hope. Mary Vicario, LPCC-S, will lead this training which coordinates trauma informed care into a framework that can be used by anyone working with victims of trauma. Training is CEU, CLE, and Rule 48 approved. This training is being co-hosted by Lucas County CASA, Lucas County Children Services, and the Northwest Ohio Regional Training Center.

***CLE, CEU and Rule 48 approved**

Time: 9:15 am – 5:00 pm (6 hours)

Cost: Free

Healthy Sexual Development of Children and Teens**Date:** Saturday, August 11, 2018**Place:** Lucas County Conference and Learning Center**To Sign-Up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Debra McMullen**Description:** This training, part of the Fundamentals of Fostering series, introduces basic concepts of sexual development and the Johnson continuum of childhood sexual behavior. Normal sexual behaviors for children from birth to adolescence are outlined along with factors which may influence a child's sexual behaviors. The training will help foster parents know when a child's sexual expression is normative and developmentally appropriate.***Rule 48****Time:** 9:00 am-12:00 pm (3 hours)**Cost:** Free**GAP: Normalcy from a Personal Perspective****Date:** Tuesday, August 14, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Amanda Davis**Description:** This Guided Application and Practice (GAP) session provides opportunity for foster and adoptive parents to learn from the experiences of the facilitator and from the experiences of each other. Through guided discussion, the facilitator, a former foster youth, will encourage conversation and sharing of how certain experiences are vital for foster youth to obtain skills, knowledge, and supports necessary for adulthood.***Rule 48****Time:** 5:30 pm - 8:30 pm (3 hours)**Cost:** Free**Bridges Out of Poverty, Day One Training****Date:** Wednesday, August 15, 2018**Place:** EMS Services Training Center, 2127 Jefferson Ave. Toledo, OH**To sign up:** <https://goo.gl/ga121R>**Instructor:** Stephen MacDonald**Description:** This seminar gives staff and volunteers the common language, understanding and tools to prevent and alleviate poverty. Participants increase awareness of how economic class impacts life experience, resources, and stability. Customer service and teamwork in business and community settings are improved. This seminar is based on the book Bridges Out Of Poverty: Strategies for Professionals and Communities which is a collaboration between Ruby K. Payne, Philip DeVol, and Terie Dreussi Smith.***Rule 48****Time:** 9:00 am - 4:30 pm (6 hours)**Cost:** Free**Sibling Relationships: A Personal and Professional Perspective****Date:** Wednesday, August 15, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Amanda Davis**Description:** This training discusses the bond of siblings, reasons siblings cannot always be placed together, and strategies for strengthening and maintaining the sibling bond.***Rule 48****Time:** 9:00 am - 12:00 pm (3 hours)**Cost:** Free**Normalcy and the Reasonable and Prudent Parent Standard****Date:** Wednesday, August 15, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Amanda Davis**Description:** This three-hour training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS and will practice applying the standard in a number of scenarios.***Rule 48****Time:** 1:00 pm - 4:00 pm (3 hours)**Cost:** Free**Verbal De-escalation in Child Welfare****Date:** Friday, August 17, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Brian Lowery**Description:** This class will examine how pre-placement experiences and current stressors may affect a foster child's behavior. The skills of active listening, non-violent communication, and de-escalation will be reviewed. Levels of crisis development and the conflict cycle are discussed, emphasizing appropriate foster parent response. Trainees will participate in exercises and demonstrations concerning personal space, body posture and motion, and their cultural implications.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Medical Advocacy for Children with Special Health Care Needs**Date:** Friday, August 17, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Ronna Johnson**Description:** This workshop focuses on developing the skills required to advocate for special needs children in a diverse and complex healthcare system.***Rule 48****Time:** 9:00 am - 12:00 pm (3 hours)**Cost:** Free**Living the Legacy: The Dramatic Effects of Prenatal Substance Exposure****Date:** Friday, August 17, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Ronna Johnson**Description:** This course will provide an overview of commonly abused drugs, with a focus on how prenatal exposure impacts the developing child, both before and after birth. Focus will be on understanding and supporting children, from birth through adolescence, who are challenged by drug withdrawal, prematurity, sensory integration disorders, and nutritional and health risks, as well as processing and attentional challenges that impact skill acquisition and learning.***Rule 48****Time:** 1:00 pm - 4:00 pm (3 hours)**Cost:** Free**Making Report Writing Easy****Date:** Saturday, August 18, 2018**Place:** Juvenile Justice Center, Training Room 2**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753**Instructor:** Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.**Description:** Attend this training to brush up on your report writing skills. Learn tips and trick to making your court report the most useful tool in your CASA tool belt.***Rule 48****Time:** 9:30 am-11:30 am (2 hours)**Cost:** Free**Module 1: Understanding the Multiple Needs of Families Involved with the Child Welfare System****Date:** Tuesday, August 21, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Ashley Kopaniasz**Description:** Module one of a five part series provides child welfare professionals with a contextual knowledge of a range of substance use, mental, and co-occurring disorders that may be experienced by parents involved in the child welfare system. A discussion of how to prioritize interventions is included along with special issues related to methamphetamine and opioid addictions. This workshop is designed to help caseworkers understand and work with families, so they will succeed in treatment.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**Texting, Sexting, and the World of the Internet****Date:** Saturday, August 25, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** John Ward**Description:** They do it while driving, while they walk through the mall, in the classroom while the teacher is looking the other way, and while crossing busy streets. They do it late at night when they're supposed to be in bed. They do it so much their thumbs hurt! The average American teenager sends and receives more than 3,000 text messages per month, not to mention the hours they spend on the computer socializing with their friends. By educating yourself with the digital technology of today's teen, you can learn to equip your children and assist them in being safe and responsible in a world where nothing is ever private.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**Sibling Relationships in Foster Care: Keeping Them Connected****Date:** Monday, August 27, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.**Instructor:** Deanna Prezioso**Description:** This class will give participants an overview of sibling relationships among children in the child welfare system and how these relationships are affected by maltreatment. We will examine the dynamics of sibling relationships. Foster parents will understand how the outcomes of siblings in child welfare are affected by being placed together or separate, emotional problems that can occur from siblings being separated, and what role the caregiver can play in helping siblings in their care maintain sibling connections.***Rule 48****Time:** 5:30 pm - 8:30 pm (3 hours)**Cost:** Free

September, 2018

Born Addicted: Promoting Best Care for Substance Exposed Infants

Date: Thursday, September 6, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Ronna Johnson

Description: The most tragic and vulnerable victim of the drug culture is the infant who is forced prenatally to share in his mother's drug habit. This course will provide an overview of commonly used and abused drugs, with a focus on how this prenatal exposure impacts the developing child, both before and after birth. There will be a focus on promoting best care through gaining an understanding of the complex medical and developmental needs of these infants and by identifying strategies to minimize the potential negative effects of drug withdrawal, prematurity, sensory processing disorders, and nutritional and health risks.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Testifying in Court

Date: Wednesday, September 12, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Emily Richter, J.D. and Rochelle Abou-Arraj, J.D.

Description: Testifying in Court is one of the most important skills a CASA/GAL can learn. In this training tips and tricks will be given to help you identify what information needs to be given to the Court. Additionally, our attorneys will teach you how to present the information to the Court in a compelling way.

***Rule 48**

Time: 5:30 pm - 7:30 pm (2 hours)

Cost: Free

Sudden Infant Death Syndrome

Date: Tuesday, September 18, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Jim Marlow

Description: This three-hour workshop provides some selected information on Sudden Infant Death Syndrome (SIDS). During the workshop, the medical disorder is defined, the theory of causation is discussed, and risk factors are addressed, with an emphasis on prevention. A variety of training modalities (e.g., lecture, video, and/or audio tapes, handouts) are utilized.

***Rule 48**

Time: 5:30 pm - 8:30 pm (3 hours)

Cost: Free

Childhood Medical Diseases 101: Introduction

Date: Wednesday, September 19, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Jim Marlow

Description: This half-day workshop provides some selected information on chronic childhood illnesses in general; but mostly, it focuses on information regarding diabetes, sickle cell disease, and asthma. Descriptions, important basic information, and management issues of the three specific diseases are included. A variety of training modalities (e.g., lecture, video, group discussion, case example) is utilized.

***Rule 48**

Time: 10:00 am - 1:00 pm (3 hours)

Cost: Free

Shaken Baby Syndrome

Date: Thursday, September 20, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Jim Marlow

Description: This three-hour workshop introduces the participants to the physical, medical, psychosocial, and follow-up care aspects of shaken baby syndrome. Common physical injuries resulting from shaking of infants are discussed in some detail. Various medical conditions that often require lifelong attention are addressed. Information about typical perpetrator and child victim trends (statistics) are included. Participants will apply their learning to a true case example. The inherent dangers of shaking babies and toddlers are emphasized throughout the workshop.

***Rule 48**

Time: 5:30 pm - 8:30 pm (3 hours)

Cost: Free

Solving CASA Conundrums

Date: Thursday, September 20, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Rochelle Abou-Arraj, J.D. and Colleen Schoonmaker

Description: This training focuses on answering excellent questions we have received from you. The training will include information regarding:

- Filling out release forms
 - Reading police checks and drug screen results
 - Obtaining a three day alcohol screen
 - Understanding legal language
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***Rule 48**

Time: 5:30 pm - 7:30 pm (2 hours)

Cost: Free

Substance Abuse, Chemical Dependency, and Kids

Date: Tuesday, September 25, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Brian Lowery

Description: Drug and alcohol abuse takes an enormous toll on families. It may be a factor in two-thirds of all substantiated cases of abuse and neglect. This class will give trainees an understanding of substance abuse and chemical dependency and how they affect the family. We will also examine factors related to special risk for substance abuse and review methods of prevention and treatment.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Tips and Tricks for Tackling the Tough First Year of Adulthood

Date: Tuesday, September 25, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: John Ward

Description: All young adults look forward, with both apprehension and excitement, to the long-awaited day when they can strike out on their own. Whether they move to a new apartment or a dorm room, things just won't be the same now that mom or dad won't be there to save the day. This class teaches foster parents to assist young adults with how-tos and hands-on tips and tricks that will help them through the first year of being on their own.

***Rule 48**

Time: 9:00 am – 12:00 pm (3 hours)

Cost: Free

Texting, Sexting, and the World of the Internet

Date: Tuesday, September 25, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: John Ward

Description: They do it while driving, while they walk through the mall, in the classroom while the teacher is looking the other way, and while crossing busy streets. They do it late at night when they're supposed to be in bed. They do it so much their thumbs hurt! The average American teenager sends and receives more than 3,000 text messages per month, not to mention the hours they spend on the computer socializing with their friends. By educating yourself with the digital technology of today's teen, you can learn to equip your children and assist them in being safe and responsible in a world where nothing is ever private.

***Rule 48**

Time: 1:00 pm - 4:00 pm (3 hours)

Cost: Free

Ohio CASA Conference

Date: September 26, 27, and 28, 2018

Time: Wednesday: 2:00 pm – 5:30 pm; Thursday, 8:30 am – 4:30 pm; Friday 8:30 am – 1:30 pm (12 hours)

Place: Doubletree Columbus-Worthington, 175 Hutchison Ave. Columbus, OH 43235

Cost: \$100 if paid by September 1, 2017 – 100% can be reimbursed for the first 12 CASA volunteers who sign up by calling Colleen Schoonmaker, 419-213-6781

To sign up: Follow the instructions at: <https://www.ohiocasa.org/2017-ckc-2-2/>

Instructor: Multiple Instructors

Description: The Ohio CASA Annual Celebrate Kids! Conference will feature more than 40 educational workshops designed to cultivate knowledge and skill development, encourage networking, and provide an enjoyable environment for camaraderie for all who participate in the 3-day event.

***Rule 48**