CASA/CRB Training Opportunities

April to June 2018



*Rule 48

- 1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: *Rule 48.
- 2. Trainings in **BLUE** are especially recommended and are organized by CASA.
- 3. Submit all training certificates to **Colleen** in the CASA office for credit towards your required annual training.
- 4. **LCCS Note**: If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time!
- 5. Please remember to cancel if you are unable to attend. Thank you!

April, 2018

Mislabeled, Misdiagnosed, or Misunderstood: African American Boys and Special Education *Rule 48

Date: Wednesday, April 4, 2018

Time: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Anthony President

Description: Although African-American male students make up only 8% of public school enrollments, they represent 30% of special education students. This disproportionate placement of African-American males can be problematic if students are inappropriately placed in special education. This workshop takes an exploratory view of some of the causative factors of why there is disproportionate placement, presents helpful strategies to advocate for boys wrongly placed, and suggests tools to help parents and foster parents become more involved in the educational process.

Bridges Out of Poverty: Strategies for Professionals and Communities

Date: Friday, April 6, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Lorenzo Lewis

Description: Bridges Out of Poverty introduces a framework or larger perspective for understanding poverty within the arena of child welfare. Reviewing this perspective allows caseworkers to understand the hidden rules of poverty, mental models, resources, and family structure, in order to better work with clients in poverty.

Gangs, Cliques, and Crews: Understanding Gangs and Youth *Rule 48

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Anthony President

Description: Youth of all socio-economic and racial/ethnic groups are emulating the behaviors, ideology, and pose of the most notorious national street gangs from Los Angeles, Chicago, and New York. The mass media has glamorized the culture such that youth have found its allure mesmerizing. This workshop explores the proliferation of gang culture among the spectrum of members, from hardcore members to "posers" who try to gain popularity by pretending to be members of a gang. Also discussed are reasons why kids join gangs, the profile of gang members, the pathos of gangs, and prevention strategies for keeping kids out of gangs.

Gun Violence and Youth: Burners, Gats, and Straps

un violence and routin. Burners, Gats, and Straps

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Anthony President

Description: This workshop takes an exploratory look at the dynamics of gun violence, including the root causes, the risk factors vs. protective factors of youth who live by the gun, effects on the individual and the community, and strategies for engaging youth to cease fire and increase the peace.

Best Practices for CASA/GAL

Date: Wednesday, April 11, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.

Description: Interested in refreshing your CASA skills? Want to learn what's new with CASA? Ready to have your questions answered by CASA Staff? Join us for this training session to brush up on your CASA skills. Office staff will update you regarding new

*Rule 48

*Rule 48

*Rule 48

*Rule 48

Cost: Free

Time: 5:30 PM-7:30 PM (2 hours)

developments in CASA cases, new CASA procedures, and Rule 48 requirements.

Medicated Assistant Treatment

Time: 9:00 am - 4:00 pm (6 hours) Date: Friday, April 13, 2018

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Ashley Kopaniasz

Description: This presentation will provide the learner with an overview of how to identify treatment courses and options for opioid use disorders that include Medication Assisted Treatment. The complexities that an individual and their family may face will be explored. The learner will be able to identify or become familiar with best practice treatment options.

Effects of Domestic Violence on Children

Date: Saturday, April 14, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Jim Marlow

Description: This workshop focuses on the effects that witnessing domestic violence and experiencing other forms of child maltreatment have on the child victims. Research findings and information from professional practice are highlighted to reinforce the fact that cognitive, emotional, and behavioral difficulties result from the traumatizing events these children are exposed to. Interventions that caregivers and professionals can use to address this "child traumatic stress" are discussed.

Cultural Issues in Foster Care

Date: Tuesday, April 17, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: CeCe Norwood

Description: This workshop will explore the importance of culture in a foster family. Participants will learn to differentiate culture from race, ethnicity, or gender. Common cultural misconceptions and conflicts, particularly those involving foster families, will be addressed. Participants will learn about ethnocentrism, stereotyping, prejudice, and discrimination. The formation of racial identity for children will be presented. Finally, participants will develop parenting strategies to assist children in the development of strong, healthy identity formation and self-esteem.

The Hard Stuff: Heroin, Crack Cocaine, and Methamphetamine – How it Works, Why it Works, and How to Get

Someone Unhooked *Rule 48 Date: Tuesday, April 17, 2018 Time: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: China Darrington

Description: Heroin, crack cocaine, and methamphetamine are considered to be the most addictive drugs to the addict and the most damaging to the surrounding society. In terms of finances, social services, criminal justice, health issues, and child welfare, addiction to the "big three" drugs carries heavy consequences. Yet tremendous resistance is seen when trying to suggest and affect change. This training will explore the process of addiction through the experience of a former addict, including how these drugs work in the mind of the addict, what exactly the addict is searching for through substance use, and how to better understand and approach the addict to engage him/her in his/her child welfare case and resolve his/her substance use issues. Additional information will be provided on the erratic and potentially dangerous behaviors each of these three drugs may create, as well as how to stay safe while providing effective service.

Bouncing Back from Drama and Trauma: Helping Teens Build Resiliency *Rule 4

Date: Wednesday, April 18, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center

Cost: Free

Lacing up: Contact Stage Liquid at a security and lucas above Registration in limited to 30.

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Anthony President

Description: Today's teenagers face many challenges as they transition to adulthood. Youth in care have not only the typical challenges youth experience, but also additional challenges directly related to the life experiences of child maltreatment (Texas Foster Care Transitions Project). This workshop takes an exploratory view of resiliency and seeks to answer:

What is resiliency, and how can it help youth in care effectively heal from trauma?
What are the 10 components to resiliency, and how can youth benefit from them?

• What are the barriers to becoming resilient?

• How can we help each child develop the habits, attitude, and skill set it takes to become a resilient teenager?

Human Trafficking: Modern-Day Slavery

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Ken Lawson

Description: Millions of people are enslaved around the world today. Half are believed to be children. Seventy percent of those entering the United States as trafficked persons are commercially sexually exploited, and many of them are children. U.S.-born children who are commercially sexually exploited are victims of domestic trafficking. Recent studies place the number of children trafficked domestically between 100,000 and 300,000. This presentation will define human trafficking, explain why it is an issue for Ohioans, offer tools to evaluate if you have come into contact with a trafficked person, and emphasize the necessity of interagency cooperation.

*Rule 48

Annual Potluck and Cultural Diversity Training

*Rule 48

Date: Thursday, April 19, 2018 **Time:** 5:30 PM-7:30 PM (2 hours)

Place: Pat Walter's Home 3450 River Rd Toledo, OH 43614 Cost: Free To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Demecia Wilson

Description: Adam Foss is a former Assistant District Attorney in the Juvenile Division in Boston and fierce advocate for criminal justice reform. His inspiring speech at the National CASA Conference will be featured as the springboard for a discussion led by

Demecia Wilson, Lucas County Juvenile Court Director of Probation Services.

What the Heck's an Amygdala Hijack?

Date: Monday, April 23, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Les Helms

Description: This workshop examines the physiological and psychological aspects of emotional intelligence, including the neural structures that underlie emotional intelligence. Furthermore, the workshop addresses the physiological changes that occur in Post-Traumatic Stress Disorder and how those changes are very similar to the neurological changes that occur in children who have been abused. After the physiological basis has been established, the workshop considers the different elements of emotional intelligence, starting with self-awareness, which is the most fundamental emotional intelligence skill. Finally, the relationship between emotional intelligence and stress is considered, including how one can use emotional intelligence competencies to reduce stress.

Beyond the Bruises: An Overview of Domestic Violence *Rule 48

Date: Tuesday, April 24, 2018 **Time**: 9:00 am - 12:00 pm (3 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Brian Bethel

Description: Despite the growing prevalence of domestic violence, it remains one of the most under-reported crimes in the United States. The secrecy surrounding the issue of intimate partner violence has also created myths and confusion about the causes and treatment of domestic violence. This workshop will provide participants with the most recent statistical data regarding domestic violence. The facilitator will discuss tactics of power and control in violent relationships, as developed by the Domestic Abuse Intervention Project in Duluth, Minnesota. Likewise, a review of the cycle of violence will be provided.

Working with People You Can't Stand

*Rule 48

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Les Helms

Description: This workshop provides participants with a model (known as "the lens of understanding") that allows them to understand the motivations behind behavior and how to use those motivations to understand, accept, and modify behavior. Furthermore, participants are provided with the 10 Most Unwanted List, which is a list of 10 behavioral patterns with which we all must interact from time to time. Participants are provided with specific methods of interacting with each of the 10 behavioral patterns that will make the interactions more positive and effective.

Overview of Bath Salts and Synthetic Drugs: More than a Calgon Moment *Rule 48

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Brian Bethel

Description: Although synthetic drugs are a relatively new phenomenon, this new classification of substances has created new challenges in efforts to combat substance abuse. Bath salts are dangerous new designer drugs that pose a significant public health issue across the country. Tragically, the use of synthetic drugs has been found to precipitate states of extreme psychosis and violent episodes. Considering these exigent factors, the use of bath salts easily establishes a multitude of risks for children and families. This workshop is designed to assist caregivers in recognizing the use of bath salts and gaining an accurate understanding regarding the true dangers of these substances. Additionally, the workshop will highlight new and promising treatment efforts in addressing the epidemic of bath salts use and abuse.

An Overview of Gambling Disorder and the Connection to Child Welfare: Against All Odds

*Rule 48

Date: Wednesday, April 25, 2018

Time: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Brian Bethel

Description: Gambling addiction is one of the newest additions to the Diagnostic Statistical Manual (5th edition). While most people do not automatically identify gambling as a form of addiction, problem gambling has become a serious health issue affecting families and children. Gambling addicting not only robs children of financial resources for their basic needs it may also precipitate issues of depression, domestic violence and various forms of anxiety. Research has also asserted that children of compulsive gamblers are often susceptible to adverse experiences of physical, sexual abuse and neglect. This training will provide an overview of gambling addiction and highlight the consequences of gambling addiction on the lives of children. A discussion of the various risk factors associated with gambling addiction will be provided. Moreover, evidenced based treatment strategies will be offered to assist participants in advocating for individuals who confront gambling addiction.

Texting, Sexting, and the World of the Internet *Rule

Date: Thursday, April 26, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: John Ward

Description: The average American teenager sends and receives more than 3,000 text messages per month, not to mention the hours they spend on the computer socializing with their friends. By educating yourself with the technology of today's teen, you can help equip teens with the knowledge of how to be safe and responsible in a world where nothing is ever private. The dangers of sexting and cyber bullying will be addressed, as well as how to prevent teens from becoming caught up in this destructive behavior.

cyber bullying will be addressed, as well as now to prevent teens nom becoming caught up in this destructive behavior.

May, 2018

K2, Spice, and Bath Salts: What are Synthetic Drugs? *Rule 48

Date: Tuesday, May 1, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: China Darrington

Description: The use of synthetic drugs has exploded in popularity since 2008, when the DEA first encountered their recreational use. This workshop will explore what is known about the recent phenomenon of synthetic drugs - including the effects the user is looking for - and will identify the ingredients, health concerns, and trends, as well as the reasons it is so difficult to keep these substances illegal and off the market. The workshop will also include a section on how synthetic drugs can, and do, have a place in drug treatment with Suboxone/Subutex and Methadone. Participants will learn what makes one synthetic drug different from another.

Creating and Maintaining a Community of Foster Care Youth and Alumni

Date: Friday, May 4, 2018 **Time**: 9:00 am - 12:00 pm (3 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Lisa Dickson

Description: Learn about the history of the foster care movement, the universal benefits of establishing a foster care youth and alumni community, and how to work with and empower youth, young adults, and alumni of foster care to start and sustain a group.

Normalcy and the Reasonable and Prudent Parent Standard *Rule 48

Date: Friday, May 4, 2018 **Time**: 1:00 pm - 4:00 pm (3 hours)

Place: Lucas County Conference and Learning Center To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Lisa Dickson

Description: This three-hour workshop will explore when information can be shared and when it cannot. Foster parents are with their foster children in a variety of situations and places. Often they struggle with what information can be shared with different people.

*Rule 48

Participants will learn about issues of confidentiality as it relates to their foster children.

Childhood Medical Diseases 101

Date: Monday, May 7, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Jim Marlow

Description: This workshop provides some selected information on chronic childhood illnesses in general; but mostly, it focuses on information regarding diabetes, sickle cell disease, and asthma. Descriptions, important basic information, and management issues of the three specific diseases are included. A variety of training modalities (e.g., lecture, video, group discussion, case example) is utilized.

Born Addicted: Promoting Best Care for Substance-Exposed Infants *Rule 48

Date: Wednesday, May 9, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Ronna Johnson

Description: The most tragic and vulnerable victims of the drug culture are infants who are prenatally forced to share in their mother's drug habit. This course will provide an overview of commonly used and abused drugs, with a focus on how this prenatal exposure impacts the developing child, both before and after birth. Focus will be on promoting best care through gaining an understanding of the complex medical and developmental needs of these infants and identifying strategies to minimize the potential negative effects of drug withdrawal, prematurity, sensory processing disorders, and nutritional and health risks.

Born Addicted: Promoting Best Care for Substance-Exposed Infants *Rule 48

Date: Thursday, May 10, 2018 **Time**: 5:30 pm – 8:30 pm (3 hours)

Place: Lucas County Conference and Learning Center To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Ronna Johnson

Description: The most tragic and vulnerable victims of the drug culture are infants who are forced to share in their mother's drug habit prenatally. This course will provide an overview of commonly used and abused drugs, with a focus on how this prenatal exposure impacts the developing child before and after birth. Focus will be on promoting best care of infants through gaining an understanding of their complex medical and developmental needs, and identifying strategies to minimize the potential negative effects of drug withdrawal, prematurity, sensory processing disorders, and nutritional and health risks.

Narcissistic Personality Disorder: Love Thy Self *Rule 48

Date: Tuesday, May 15, 2018 **Time:** 9:00 AM-4:00 PM (6 hours)

Place: Lucas County Conference and Learning Center To Sign-Up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Brian Bethel

Description: Narcissistic Personality Disorders have been described as one of the most difficult types of personalities to work with within the social services profession. While the disorder often stems from an unshakable belief that they can do no wrong, individuals who exhibit narcissistic traits can often put family members at a greater risk of physical, sexual, and emotional maltreatment. This training will provide an overview of Narcissistic Personality Disorder and offer participants a variety of strategies for working with individuals with this disorder. In addition to reviewing the current prevalence and trends of Narcissistic Personality Disorders, participants will be provided with evidence-based treatment options to assist individuals and families who confront challenges associated with Narcissistic Personality Disorders.

Family Drug Court 101

Date: Wednesday, May 16, 2018

Place: Juvenile Justice Center, Training Room 2

To Cian Un. E mail accointe @ co lugge ob up or call 440 '

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Kristen Blake, LSW, MCJ

Description: Lucas County Family Drug Court started in March of 2000. Family Drug Court participants enter voluntarily and are required to commit to the program for at least one year. They may enter Family Drug Court at several points in their neglect/abuse case, including shelter care, mediation, adjudication/disposition or at a motion to show cause hearing. Learn what collaborative services Family Drug Court can offer to parents on your cases affected by substance abuse.

*Rule 48

*Rule 48

Cost: Free

*Rule 48

Cost: Free

Time: 5:30 PM-7:30 PM (2 hours)

Time: 5:30 PM-7:30 PM (2 hours)

Making Report Writing Easy

Date: Thursday, May 17, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753 **Instructor:** Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.

Description: Attend this training to brush up on your report writing skills. Learn tips and trick to making your court report the most

useful tool in your CASA tool belt.

Challenges Faced by Aging-Out Youth

Date: Friday, May 18, 2018 **Time**: 9:00 am - 12:00 pm (3 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Lisa Dickson

Description: This workshop explores barriers and resources related to emancipating foster youth during their journey into young adulthood, including:

- Federal requirements regarding essential elements to be covered in the development of a 90-day transition plan, as outlined in the Fostering Connections to Success and Increasing Adoptions Act of 2008.
- Federal, state, regional, and local resources to support the success of foster care teens and young adults related to health, higher education, employment, and legal needs, including Chafee funds, WIA funds, and existing state/local initiatives.
- FosterClub's Permanency Pact as a tool to help young people identify supportive connections.

Normalcy and the Reasonable and Prudent Parent Standard *Rule 48

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Lisa Dickson

Description: This three-hour workshop will explore when information can be shared and when it cannot. Foster parents are with their foster children in a variety of situations and places. Often they struggle with what information can be shared with different people. Participants will learn about issues of confidentiality as it relates to their foster children.

June, 2018

Opiates: The Current Situation, How We Got Here, and What to do Now to Help *Rule 48

Date: Friday, June 8, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: China Darrington

Description: This training aims to look into how this situation developed, its current situation, and various attempts to respond; including prohibition, harsh legislation, incarcerations, treatment, recovery support services, medication-assisted treatment, and pathways to facilitate recovery. We'll explore what drives people to substance use and what addicts hope to get from the drugs. We'll consider how the stigma that lingers from addiction makes it difficult to gain employment, safe housing, and the resources to continue recovery, as well as how we can work together to develop innovative new services to help more people transcend their addiction and develop into people in long-term recovery.

Blurry Lines: Boundaries for CASA/GAL Volunteers

Date: Saturday, June 9, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Colleen Schoonmaker

Description: Learn more about boundaries as a CASA volunteer. What can and can't we do as CASA volunteers? Lucas

County CASA staff will facilitate discussion among volunteers and answer any questions participants have regarding

boundaries.

Reaching Higher: Increasing Competency in Practice with LGBTQ Youth in Child Welfare Systems

Date: Monday, June 11, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Pam Reid

Description: This training is design to increase the awareness, knowledge, and skills of social workers and administrators in the child welfare system so that they may effectively and competently meet the needs of LGBTQ youth and their families.

Messages of Mourning: Addressing the Grief of Addiction

Date: Tuesday, June 12, 2018 **Time**: 9:00 am - 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Brian Bethel

Description: Without question, heroin and opiate addiction has created many challenges for social service professionals. Nowhere is this more evident than in the unique complexities that are common following a drug-related death. Tragically, drug overdoses are now the leading cause of death for Americans under the age of 50. As such, social services professionals are confronted with the unique dichotomy of serving grieving children and families while simultaneously attempting to manage personal grief reactions. This curriculum will highlight the disheartening prevalence of drug overdose death within our communities. Additionally, specific strategies will be offered to assist professionals in addressing personal grief, as well as recommendations for serving family members who are impacted by a drug overdose death.

From Bullying to Befriending: Helping Youth Change the Culture of Bullying

Time: 9:00 am - 4:00 pm (6 hours) Date: Wednesday, June 13, 2018

Place: Lucas County Conference and Learning Center To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Anthony President

Description: Ninety percent of children in grades 4-8, and 80% of youth in grades 8-12, have been victimized by bullies (Hoover, Oliver & Hazler, 1992; Hoover, Oliver, Thompson, 1993). Children in the foster care system may be more at risk of bullying due to behavioral, emotional, or developmental issues, as well as due to special health concerns (National Center for Permanency and Family Connections). As bullying continues to increase in youth culture, new methods of bullying, such as cyber bullying and sexual bullying, have emerged. This workshop takes an exploratory view of the culture of bullying, the various types of bullying used by today's bullies, and useful strategies to help both the bully and the victim.

In Pursuit of Permanence

Date: Wednesday, June 13, 2018 Time: 9:00 am - 12:00 pm (3 hours)

Place: Lucas County Conference and Learning Center Cost: Free

To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Amanda Davis

Description: This training is adapted, with permission, from "Lifelong Connections: Permanency for Older Youth" by the National Resource Center for Youth Development, 2012. This workshop addresses how to define permanency with youth, provides an overview of youth aging out of care, explores why youth resist discussions about their independence, and provides strategies and tools for helping youth to identify permanent connections as they age out of care.

Adolescent Development

*Rule 48

Cost: Free

Time: 9:30 AM-11:30 AM (2 hours)

Time: 1:00 pm - 4:00 pm (3 hours) Date: Wednesday, June 13, 2018

Place: Lucas County Conference and Learning Center To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Amanda Davis

Description: This training, part of the Fundamentals of Fostering series, focuses on the physical, cognitive, social, and emotional development of adolescents (ages 12-21). Participants will learn about typical development, why adolescents can have such challenging behaviors, and how to support healthy development in adolescents.

Managing Anxiety *Rule 48

Date: Tuesday, June 26, 2018 **Time**: 9:00 am – 4:00 pm (6 hours)

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Ruby Johnston

Description: Yes, we deal with anxious people all the time, and sometimes the most difficult person to deal with is our self. We will look at anxiety from both a personal perspective and a professional one. If we are to be effective in today's crisis situations, we must understand anxiety and recognize the impact it will have on our jobs, clients, families, and self. Daily, people come to our offices – defeated. Daily we wonder how we can once again impart hope when we are wondering about our own hope. Come to this workshop. There are no great outcome promises, but we WILL walk away encouraged and able to see choices for ourselves and choices we can offer to our clients, staff, or colleagues.

*Rule 48

*Rule 48

Supporting Grandfamilies Raising Children in Child Welfare

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Anthony President

Description: For every 1 kid in Foster Care, there are 20 being raised by Grandparents or other kin. (Annie E. Casey Foundation). Grandfamilies are families where Grandparents or other elderly kin raise children because their parents can't or won't. The new opioid epidemic has created an increased need for substitute care and many Grandfamilies are stepping up. This workshop deals with ways in which Workers can support the unique challenges of Grandfamilies such as social isolation and depression, shame & guilt of family opioid addiction, caregiver stress and service navigation.

Running Away from Foster Care

Place: Lucas County Conference and Learning Center Cost: Free To sign up: Contact Stacy Unum at stacy.unum@co.lucas.oh.us. Registration is limited to 30.

Instructor: Katie Terry

Description: This three-hour training session provides an overview of legal issues when children run, reasons for running behavior,

and how to deal with each of the reasons.