

CASA/CRB Training Opportunities

January to March 2018



1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: ***Rule 48**.
2. Trainings in **BLUE** are especially recommended and are organized by CASA.
3. Submit all training certificates to **Colleen** in the CASA office for credit towards your required annual training.
4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time!
5. **Please remember to cancel if you are unable to attend. Thank you!**

January, 2018

Trauma, the Brain, and Relationships

Date: Friday, January 5, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: Katie Terry

Description: This training provides in-depth information about how childhood abuse, neglect, abandonment, and family dysfunction contribute to the development of post-traumatic stress syndrome, attention deficit disorder, oppositional defiant disorder, or reactive attachment disorder. It explores how the brain is changed due to early neglect and abuse. Post-traumatic stress disorder will be explored so caregivers will better understand children's response to stress.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Making Report Writing Easy

Date: Wednesday, January 10, 2018

Place: Juvenile Justice Center, Training Room 2

To Sign-Up: E-mail casainfo@co.lucas.oh.us or call 419-213-6753

Instructor: Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.

Description: Attend this training to brush up on your report writing skills. Learn tips and trick to making your court report the most useful tool in your CASA tool belt.

***Rule 48**

Time: 5:30 PM-7:30 PM (2 hours)

Cost: Free

Diffusing Crisis Situations Safely and Sanely

Date: Friday, January 12, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: John Ward

Description: This fundamental six-hour workshop helps participants understand anger as an unmet need, identify the stages of a developing crisis, and build corresponding de-escalation skills. They will build their confidence about dealing with angry individuals. Participants will learn to recognize the role of body language and personal space in defusing tense situations. They will assess how their own values, expectations, responses to anger, and personal temperament can either defuse a situation or contribute to even greater escalation.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Girls, Trauma, and Delinquency

Date: Friday, January 12, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.

Instructor: Anthony President

Description: There has been a rise in delinquent acts committed by girls and increased gang activity including girls. Today girls account for 30% of all juvenile arrests and 18% of the arrests for violent crime (Office of Juvenile Justice). This workshop first takes an exploratory view into the world of delinquent girls and the eight factors correlated to female delinquency. Secondly, the workshop reviews the root causes of female delinquency, such as trauma, victimization, social learning, and family/community strain. Also discussed are strategies to advocate for girls across systems and empower them by helping them to build protective factors to refrain from delinquent behaviors.

***Rule 48**

Time: 9:00 am - 4:00 am (6 hours)

Cost: Free

Normalcy and the Reasonable and Prudent Parent Standard***Rule 48****Date:** Tuesday January 23, 2018**Time:** 10:00 am - 1:00 pm OR 5:30 pm – 8:30 pm (3 hours)**Place:** Lucas County Conference and Learning Center**Cost:** Free**To sign up:** Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.**Instructor:** Jamole Callahan

Description: This three-hour workshop will explore when information can be shared and when it cannot. Foster parents are with their foster children in a variety of situations and places. Often they struggle with what information can be shared with different people. Participants will learn about issues of confidentiality as it relates to their foster children.

Engaging Youth in Transition Planning***Rule 48****Date:** Wednesday, January 24, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center**Cost:** Free**To sign up:** Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.**Instructor:** Jamole Callahan and Brian Lowery

Description: Transition planning is a personal process, and young people must fully participate. The Fostering Connections to Success and Increasing Adoption Act of 2008 includes a requirement that a youth-directed transition plan be developed 90 days prior to a youth turning 18. However, it is important that we recognize that transition planning begins well before this time. This training provides a definition of transition planning, examines the benefits of youth engagement, and outlines the transition planning process. In addition, participants will learn about the Foster Club's Transition Planning Toolkit - a document that helps transitioning adolescents develop their plans for the future.

Tattoo Youth: Sporting Ink May Mean More than you Think***Rule 48****Date:** Monday, January 29, 2018**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center**Cost:** Free**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Anthony President

Description: It is estimated that upwards of 5% of the U.S. population, or 1.5 million people, have at least one tattoo, and the number of new tattoos is ever increasing (Journal of Health). The reasons young people get tattoos vary as much as the different types of tattoos they choose to wear. Should there be concern over tattoos in general? Are there certain types of tattoos that indicate cult, gang, or hate group involvement; and if so, what do they look like? Should social workers be culturally relative about tattoos? These and other provocative questions will be answered in this workshop, as we explore the world of Generation Y and tattoos.

February, 2018

Verbal De-Escalation in Child Welfare

Date: Saturday, February 3, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: Brian Lowery

Description: The workshop will examine how pre-placement experiences and current stressors may affect a foster child's behavior. Caregivers will review the skills of active listening, non-violent communication and de-escalation. Levels of crisis development and the conflict cycle are also discussed, emphasizing appropriate foster parent response. Participants will engage in exercises and demonstrations concerning personal space, body posture/motion and their cultural implications.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Hard Target: Keeping them Safe in Cyberspace

Date: Wednesday, February 7, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30

Instructor: Anthony President

Description: It is estimated that over 30 million children under the age of 18 use the internet (U.S. Department of Justice). Generation Y is the largest segment of the U.S. population with internet access. Although the internet is a great educational and social networking tool, there are also very real dangers that lurk in the virtual world. This workshop deals with internet maladies in the form of sexting, internet predators, cyber-bullying, and youth internet addiction, as well as what social workers can do to empower caregivers to help keep youth safe in cyberspace.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Eight Simple Rules for Helping Your Child with Autism

Date: Tuesday, February 13, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: Katie Terry

Description: This three-hour training provides information on eight interventions that are biomedical in nature, and that have been found helpful in some children with autism spectrum disorder. Handouts, research articles, and websites will be provided for participants to obtain additional information.

***Rule 48**

Time: 5:30 pm - 8:30 pm (3 hours)

Cost: Free

Normalcy and the Reasonable and Prudent Parent Standard

Date: Tuesday, February 13, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: CeCe Norwood

Description: This three-hour workshop will explore when information can be shared and when it cannot. Foster parents are with their foster children in a variety of situations and places. Often they struggle with what information can be shared with different people. Participants will learn about issues of confidentiality as it relates to their foster children.

***Rule 48**

Time: 5:30 pm – 8:30 pm (3 hours)

Cost: Free

Where the Rubber Meets the Road: Autism Spectrum Disorder and Child Welfare

Date: Wednesday, February 14, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: Katie Terry

Description: This six-hour training provides foster, adoption, and kinship providers with an overview of pervasive developmental disorders, including the formal definitions from the Diagnostic and Statistical Manual of Mental Disorders-Fourth Edition (DSM-IV), co-morbid disorders, history of autism, and current research, as well as other signs and symptoms not included in the DSM-IV. The six possible avenues of causation of autism spectrum disorder (ASD) will be presented, as well as evidence for each of these factors. The three prevailing treatment approaches - Floortime, Applied Behavioral Analysis, and Relationship Development Intervention - will be defined, demonstrated, and analyzed as far as positives and criticisms of each. Finally, there will be an overall discussion of how ASD affects family systems and what families need to know in working with a child with ASD.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

School Based Mental Health Services with RFS T.A.C.K.L.E.**Date:** Thursday, February 15, 2018**Place:** Juvenile Justice Center, Training Room 2**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753**Instructor:** Keary Sarabia, CDCA, QMHS**Description:** T.A.C.K.L.E.'s goal is to build collaborative relationships with schools and community resources to address the mental health and school success of children and adolescents. It promotes development and implementation of effective programs to enhance well-being and reduce any mental health barriers to learning. Services include counseling/therapy, real-time and early intervention, mental health and substance abuse assessments, trauma focused cognitive behavioral therapy and more.***Rule 48****Time:** 5:30 PM-7:30 PM (2 hours)**Cost:** Free

Borderline Personality Disorder, The Emotional Hurricane**Date:** Tuesday, February 20, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30**Instructor:** Brian Bethel**Description:** Borderline Personality Disorder is the most prevalent type personality disorders in clinical settings. Hallmarks of Borderline Personality Disorder include rapid mood fluctuation, intense and unstable relationships, suicidal ideation and extreme manipulative behavior. As such, persons with this disorder can be especially challenging for social service professionals. This curriculum will provide an overview of Borderline Personality Disorder. In particular, a review of the diagnostic criteria of Borderline Personality Disorder, prevalence and epidemiology will be offered within this curriculum. Evidenced-based treatment approaches and practical strategies will also be provided to assist social service professionals who might serve individuals with Borderline Personality Disorder.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Mislabeled, Misdiagnosed, or Misunderstood, African American Boys and Special Education***Rule 48****Date:** Wednesday, February 21, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30**Instructor:** Anthony President**Description:** Although African-American male students make up only 8% of public school enrollments, they represent 30% of special education students. This disproportionate placement of African-American males can be problematic if students are inappropriately placed in special education. This workshop takes an exploratory view of some of the causative factors of why there is disproportionate placement, presents helpful strategies to advocate for boys wrongly placed, and suggests tools to help parents and foster parents become more involved in the educational process.**Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Working With Aggressive Children**Date:** Thursday, February 22, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.**Instructor:** Sr. Madeleine Rybicki**Description:** This workshop will define anger and share with participants various methods and techniques for de-escalating a child's anger and aggressive behaviors. The trainer will present and teach valuable communication skills necessary for dealing appropriately with the child's aggression. Participants will learn appropriate social skills to teach the youth how to gain stronger coping skills in order to deal with their anger.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Lifelong Connections: Permanency for Older Youth**Date:** Thursday, February 22, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Jamole Callahan and Amanda Davis**Description:** When planning for permanency with adolescents, we have to think and use approaches differently from when planning for younger children. Permanency for older youth is not centered around the living arrangement; it is not simply providing independent living services; and it is not just offering adoption. Instead, it provides youth with the opportunity to forge lifelong permanent connections to people they identify as important. This training allows participants to experience the impact of permanent connections and grasp why they are important. Finally, participants will come to understand how adolescent development relates to permanency.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Adolescents in Foster Care and Emotional Resiliency**Date:** Friday, February 23, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Lisa Dickson***Rule 48****Time:** 1:00 pm - 4:00 pm (3 hours)**Cost:** Free

Description: Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. These are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop incorporates insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. National research on foster care alumni and Post-Traumatic Stress Disorder (PTSD) will be shared. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

March, 2018

Understanding Parent Alienation

Date: Thursday, March 1, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.

Instructor: Susan Tucker

Description: Most children whose parents separate love both parents and want to spend time with both. While it is normal for children to align with parents to varying degrees throughout their childhood, parent/child separation may cause some children to align with one parent more than the other. Some children, however, may become totally aligned with one parent and reject the other. This is commonly referred to as "parental alienation". This workshop will focus on recognizing, understanding, and assessing the alienated child and working with children to overcome the toxic effect of parental conflict.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Normalcy and the Reasonable and Prudent Parent Standard

Date: Tuesday, March 8, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: CeCe Norwood

Description: This three-hour workshop will explore when information can be shared and when it cannot. Foster parents are with their foster children in a variety of situations and places. Often they struggle with what information can be shared with different people. Participants will learn about issues of confidentiality as it relates to their foster children.

***Rule 48**

Time: 10:00 am – 1:00 pm (3 hours)

Cost: Free

Normalcy and the Reasonable and Prudent Parent Standard

Date: Tuesday, February 13, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: CeCe Norwood

Description: This three-hour workshop will explore when information can be shared and when it cannot. Foster parents are with their foster children in a variety of situations and places. Often they struggle with what information can be shared with different people. Participants will learn about issues of confidentiality as it relates to their foster children.

***Rule 48**

Time: 5:30 pm – 8:30 pm (3 hours)

Cost: Free

Childhood Medical Diseases 101: Introduction

Date: Wednesday, March 14, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: Jim Marlow

Description: This three-hour workshop provides some selected information on childhood medical diseases including diabetes, sickle cell disease, and asthma. During the workshop, the medical disorders are defined, the theory of causation is discussed, and risk factors are addressed. A variety of training modalities (e.g., lecture, video, and/or audio tapes, handouts) are utilized.

***Rule 48**

Time: 5:30 pm – 8:30 pm (3 hours)

Cost: Free

Shaken Baby Syndrome

Date: Thursday, March 15, 2018

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: Jim Marlow

Description: This three-hour workshop introduces the participants to the physical, medical, psychosocial, and follow-up care aspects of shaken baby syndrome. Common physical injuries resulting from shaking of infants are discussed in some detail. Various medical conditions that often require lifelong attention are addressed. Information about typical perpetrator and child victim trends (statistics) is included. Participants will apply their learning to a true case example. The inherent dangers of shaking babies and toddlers are emphasized throughout the workshop.

***Rule 48**

Time: 5:30 pm - 8:30 pm (3 hours)

Cost: Free

Removed: Strategies for Hope and Healing for Youth in Care**Date:** Tuesday, March 20, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.**Instructor:** John Ward**Description:** Participants will learn practical ways to bring hope and healing to children through real-life case examples and shared experiences. Discussion around the culture of trauma, attachment, grief and loss, nurturing techniques, sibling connection, and ways to help children feel safe will also be addressed.***Rule 48****Time:** 9:00 am – 4:00 pm (6 hours)**Cost:** Free

Working with Kids who have Experienced Loss**Date:** Wednesday, March 21, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.**Instructor:** Sr. Madeleine Rybicki**Description:** Participants will examine the correlation of the lack of bonding, attachment, and multiple losses. Trainees will learn the stages of grief related to children. They will learn the coping skills necessary to help and support the grieving child. Participants will read scenarios and see how the grieving process works differently in various situations. Though the focus is on working with kids, this training can be applied to early teens and adults, as well.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Understanding Abused Youth and the Influence of Hip-Hop Culture**Date:** Wednesday, March 21, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Anthony President**Description:** Can hip-hop heal abused and neglected youth? Can rap music be therapeutic? Is hip-hop social work a credible area of practice? Is hip-hop culture a legitimate culture, worthy of respect in the field of social work? This class takes an exploratory view of maltreated youth and the appeal of hip-hop culture, and the impact of the culture on the healing process of Generation Y youth. We will explore the themes of survival, triumph, and strength that form the basic ethos upon which hip-hop culture was founded and still exudes today. After this workshop, you will never view hip-hop culture the same.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Blurry Lines: Boundaries for CASA/GAL Volunteers**Date:** Wednesday, March 21, 2018**Place:** Juvenile Justice Center, Training Room 2**To Sign-Up:** E-mail casainfo@co.lucas.oh.us or call 419-213-6753**Instructor:** Colleen Schoonmaker**Description:** Learn more about boundaries as a CASA volunteer. What can and can't we do as CASA volunteers? Lucas County CASA staff will facilitate discussion among volunteers and answer any questions participants have regarding boundaries.***Rule 48****Time:** 5:30 PM-7:30 PM (2 hours)**Cost:** Free

The Effects of Parental Mental Illness on Children**Date:** Thursday, March 22, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Janice Morabeto**Description:** Parents who suffer from mental illness face special challenges and difficulties in caring for their children. Workers must have special knowledge and skills in order to work effectively with these families. In this workshop, participants will learn about behaviors to expect in children whose parents are mentally ill, behaviors to expect from mentally ill parents, the effects of parental mental illness on the child's development and behavior, as well as the biogenetic risk for children.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Using Films to Understand Adjustment Disorders, Psychotic Disorders, Alzheimer's Disorder, and Other Personality Disorders**Date:** Tuesday, March 27, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Linda Davis**Description:** This workshop is part of a series that uses popular Hollywood films to help participants learn how to identify mental health disorders. Explanation of current treatment methods for the disorders will be presented. This workshop will focus on adjustment disorders, psychotic disorders, Alzheimer's disorder, and other personality disorders.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Oppositional Defiant Disorder: Talk to the Hand**Date:** Tuesday, March 27, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Brian Bethel

Description: The diagnosis of Oppositional Defiant Disorder (ODD) is characterized by a child's defiant, uncooperative, and vindictive behavior. Although children are likely to experience periods of defiance during childhood, an on-going pervasive pattern of opposition and defiance present unique challenges for parents, teachers, and social service professionals. Clinical research has also asserted that childhood aversive experiences are a typical precipitating factor to oppositional tendencies. Therefore, it is common that social service professionals will likely serve children who are diagnosed with Oppositional Defiant Disorder. This educational curriculum will offer an overview of the diagnostic criteria for ODD and address the epidemiology of this disorder. In addition, a review of evidenced-based treatment strategies will be provided to assist professionals who work with children who are diagnosed with ODD.

Rule 48*Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**Gun Violence and Youth: Burners, Gats, and Straps****Date:** Wednesday, March 28, 2018**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Anthony President

Description: This workshop takes an exploratory look at the dynamics of gun violence, including the root causes, the risk factors vs. protective factors of youth who live by the gun, effects on the individual and the community, and strategies for engaging youth to cease fire and increase the peace.

Rule 48*Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free