

CASA/CRB Training Opportunities

July to September 2017



1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: ***Rule 48**.
2. Trainings in **BLUE** are especially recommended and are organized by CASA.
3. Submit all training certificates to **Colleen** in the CASA office for credit towards your required annual training.
4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time!
5. **Please remember to cancel if you are unable to attend. Thank you!**

July, 2017

COPE: Cost of Poverty Experience

Date: Tuesday, July 11, 2017

Place: Owens Community College, Audio Visual Classroom Center, Perrysburg, OH 43551

Cost: Free

To sign up: Register at <https://www.eventbrite.com/e/college-cost-of-poverty-experience-tickets-35412578977?aff=es2>

Instructor: TRIO Student Support Services

Description: The Cost of Poverty Experience offers a glimpse into the lives of low-income individuals and families living in our community. It looks into the obstacles facing our students, how their decisions are made and the consequences that impact our students every day.

***Rule 48**

Time: 8:30 am - 11:30 am (3 hours)

COPE: Cost of Poverty Experience (2)

Date: Wednesday, July 12, 2017

Place: Owens Community College, Audio Visual Classroom Center, Perrysburg, OH 43551

Cost: Free

To sign up: <https://www.eventbrite.com/e/college-cost-of-poverty-experience-2-tickets-35412716388?aff=es2>

Instructor: TRIO Student Support Services

Description: The Cost of Poverty Experience offers a glimpse into the lives of low-income individuals and families living in our community. It looks into the obstacles facing our students, how their decisions are made and the consequences that impact our students every day.

***Rule 48**

Time: 8:30 am - 11:30 am (3 hours)

DART and the Opioid Epidemic

Date: Wednesday July 12, 2017

Place: Juvenile Justice Center, Training Room 2

To sign up: RSVP to the CASA Office, 419-213-6753 or casainfo@co.lucas.oh.us

Instructor: Lieutenant Robert Chromik, Jr.

Description: Lucas County and Ohio are in the middle of a health crisis related to opioid addiction. Come meet Lieutenant Robert Chromik, Jr., the head of the Lucas County Sheriff's Office Drug Abuse Response Team for a training regarding this issue. Lieutenant Chromik and DART are on the ground working to help people with addiction by linking them to services, supporting them in their times of need, and educating the community about this crisis. Lieutenant Chromik will discuss agencies and treatment centers who help people who struggle with addiction and he hopes to be able to share the latest overdose statistics from Dr. Forney at the Lucas County Coroner's Office.

***Rule 48**

Time: 5:30 pm - 7:30 pm (2 hours)

Cost: Free

Mental Health First Aid

Date: Wednesday, July 26, 2017

Place: Flower Hospital, 5200 Harroun Rd Sylvania, OH 43560, Board Room

To sign up: Contact Deb Angel at dangel@harbor.org

Instructor: Deb Angel and Carol Ann Allen

Description: Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis. In the Mental Health First Aid course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help.

***Rule 48**

Time: 8:30 am - 4:30 pm (8 hours)

Cost: Free

August, 2017

Understanding Mental Health Disorders in Children and Adolescents

Date: Tuesday, August 1, 2017

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: Carilyn White

Description: This three-hour workshop is designed to increase the caregiver's knowledge regarding the common mental health disorders seen in children and adolescents. The causes of childhood mental health disorders and symptoms for each disorder will be reviewed with an overview of mental health interventions. Discussion will include methods for advocating and caring for children and adolescents with a mental health disorder.

***Rule 48**

Time: 10:00 am - 1:00 pm (3 hours)

Cost: Free

What Every CASA Needs to Know About Fetal Alcohol Spectrum Disorders

Date: Wednesday August 2, 2017

Place: Juvenile Justice Center, Training Room 2

To sign up: RSVP to the CASA Office, 419-213-6753 or casainfo@co.lucas.oh.us

Instructor: Janet Bosserman and Sister Suzette Fisher, Double Arc

Description: Alcohol use during pregnancy is the leading known and preventable cause of intellectual disabilities and birth defects in the United States. (CDC, 2009) Current studies indicate that 1 in 20 persons is born with FASD. Many children in foster care shown signs of FASD. At this training you will learn more about the disorders including characteristics of FASD, information about the diagnostic process, and information about services available.

***Rule 48**

Time: 5:30 pm - 7:30 pm (2 hours)

Cost: Free

Middle Eastern Families: Dispelling the Myths and Misconceptions

Date: Thursday, August 3, 2017

Place: Lucas County Conference and Learning Center

To sign up: Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30

Instructor: Sarah Shendy

Description: Through facilitation and discussion, participants will be able to identify differences when it comes to working with Middle Eastern and Muslim families. Issues to be discussed include religion, cultural background, family structure, societal expectations, and working with the culture in an effective and professional manner.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Buried Beyond Belief: An Overview of Hoarding Behaviors

Date: Tuesday, August 8, 2017

Place: Lucas County Conference and Learning Center

To sign up: Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30

Instructor: Brian Bethel

Description: Hoarding is characterized by the accumulation of excessive clutter that poses a wide diversity of health concerns. Despite the potential health hazards, most individuals who hoard are reluctant to seek assistance and are resistant to professional interventions. This training will provide an overview of the varying types of hoarding in both adults and children. In addition, participants will be exposed to evidence-based treatment strategies for working with individuals who hoard.

***Rule 48**

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free

Pediatric Medication Administration: Promoting Safety and Effectiveness

Date: Tuesday, August 15, 2017

Place: Lucas County Conference and Learning Center

To sign up: Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.

Instructor: Ronna Johnson

Description: The purpose of this three-hour workshop is to increase caregiver's knowledge regarding the common classes of medications prescribed, consideration for over-the-counter medication use in children, techniques and guidelines for giving children medications, and the importance of caregiver advocacy surrounding children's health care needs. There has been a dramatic rise in the number of children who require daily medications. This reality mandates that caregivers are knowledgeable surrounding medication administration techniques and precautions.

***Rule 48**

Time: 5:30 pm - 8:30 pm (3 hours)

Cost: Free

Assertiveness and Negotiation Skills**Date:** Thursday, August 17, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30**Instructor:** Kimberly Langley**Description:** "We are all controlled by the world in which we live..." - B.F. Skinner. Are we to be controlled by accidents, by tyrants, or by ourselves? This workshop discusses how assertive behavior promotes equality in human relationships - enabling us to act in our own best interests, to stand up for ourselves without undue anxiety, to express honest feelings comfortably, and to exercise personal rights without denying the rights of others.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**Managing Difficult Conversations****Date:** Friday, August 18, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30**Instructor:** Kimberly Langley**Description:** Child welfare can present so many difficult conversations, such as, delivering upsetting news, dealing with someone who intimidates or bullies others, or keeping a conversation going with someone who is crying or heartbroken. In this workshop, participants will learn how to manage these difficult conversations and increase their engagement skills. Participants will learn techniques for being present to people in tough times, without beating around the bush, as well as techniques for communication – saying exactly what has to be said.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**You Can't Make Me! Encouraging Good Behavior in Children****Date:** Friday, August 18, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** John Ward**Description:** Managing children who have less-than-desirable behaviors can be energy draining on everyone. By learning quick, simple strategies and problem-solving skills for out-of-control behavior, participants can actually make kids want to behave.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**Opiates: The Current Situation, How we Got Here, and What to do Now to Help****Date:** Thursday, August 24, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** China Darrington**Description:** This training aims to look into how this situation developed, its current status, and various attempts to respond; including prohibition, harsh legislation, incarcerations, treatment, recovery support services, medication-assisted treatment, and pathways to facilitate recovery. We'll explore what drives people to substance use and what addicts hope to get from the drugs. We'll consider how the stigma that lingers from addiction makes it difficult to gain employment, safe housing, and the resources to continue recovery, as well as how we can work together to develop innovative new services to help more people transcend their addiction and develop into people in long-term recovery.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**Relational Aggression: The Hidden Violence in Girls****Date:** Tuesday, August 29, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Janice Morabeto**Description:** Relational aggression is the method of choice for girls when the decision to "fight" is made. Unlike physical aggression, which is easy to detect, relational aggression is secretive, covert, and many times overlooked by teachers and parents. Research is clear that this type of violence can be every bit as harmful. This workshop will explore relational aggression in depth and give participants principles and practices to help detect, understand, and stop it.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

The Effects of Parental Mental Illness on Children**Date:** Wednesday, August 30, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Janice Morabeto**Description:** Parents who suffer from mental illness face special challenges and difficulties in caring for their children. Workers must have special knowledge and skills in order to work effectively with these families. In this workshop, participants will learn about behaviors to expect in children whose parents are mentally ill, behaviors to expect from mentally ill parents, the effects of parental mental illness on the child's development and behavior, as well as the biogenetic risk for children.***Rule 48****Time:** 10:00 am - 1:00 pm (3 hours)**Cost:** Free

September, 2017

Reaching Higher: Increasing Competency in Practice with LGBTQ Youth in Child Welfare Systems***Rule 48****Date:** Wednesday, September 6, 2017**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center**Cost:** Free**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Susan Kautz**Description:** This training is design to increase the awareness, knowledge, and skills of social workers and administrators in the child welfare system so that they may effectively and competently meet the needs of LGBTQ youth and their families.**Double Jeopardy: The Complexity of a Dual Diagnosis*****Rule 48****Date:** Tuesday, September 12, 2017**Time:** 9:00 am - 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center**Cost:** Free**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Brian Bethel**Description:** A dual diagnosis occurs when an individual is affected by both chemical dependency and an emotional or psychiatric illness. Individuals who present with coexisting disorders often require specialized services. Current research indicates the best outcomes occur when both disorders are treated simultaneously. However, social services, on the whole, are not well prepared to deal with people who have both disorders. This workshop will provide an overview of the dual diagnosis and will address the challenges commonly associated with a dual diagnosis. In addition, participants will be exposed to evidenced-based treatment strategies for this population.**Wounded Warriors: The Treatment of Sexually Abused Males*****Rule 48****Date:** Tuesday, September 12, 2017**Time:** 6:00 pm - 9:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center**Cost:** Free**To sign up:** Contact Miriam Lewis at Miriam.lewis@co.lucas.oh.us Registration is limited to 30.**Instructor:** Brian Bethel**Description:** This three-hour workshop will offer participants an overview of the clinical signs and symptoms often exhibited by male survivors of sexual abuse. Moreover, participants will be exposed to the evidenced-based counseling approaches for the treatment of sexually abused males across varying developmental domains. Specific resources will be provided to further enable participants to strengthen advocacy efforts for male survivors.**Using Films to Understand Mood Disorders, Anxiety Disorders, and other DSM Disorders*****Rule 48****Date:** Thursday, September 14, 2017**Time:** 9:00 am – 4:00 pm (6 hours)**Place:** Lucas County Conference and Learning Center**Cost:** Free**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Linda Davis**Description:** This workshop is part of a series that uses Hollywood films to help participants learn how to identify mental health disorders. Applications of key identifiers of mental illness in the assessment process will be discussed. Anxiety and mood disorders will be some of the disorders explored.

Borderline Personality Disorder**Date:** Wednesday, September 20, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Janice Morabeto**Description:** This training will cover the fundamental elements of borderline personality disorder. Participants will learn the diagnostic criteria according to DSM IV, the etiology of this disorder, and specific treatment interventions. Utilizing the work of Marsha Linehan and other cognitive behavioral theorists, particular attention is paid to mood stabilization, dealing with impulse control and self-injurious behaviors, as well as the significance of forming a therapeutic alliance. Lastly, this course will review the specific parental risk factors inherent in clients who meet criteria for borderline personality disorder.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**Ohio CASA Conference****Date:** Wednesday, September 20, 2017**Time:** Wednesday: 3:00 pm – 4:30 pm; Thursday, 8:30 am – 5:00 pm; Friday 8:30 am – 2:00 pm (12 hours)**Place:** Doubletree Columbus-Worthington, 175 Hutchison Ave. Columbus, OH 43235**Cost:** \$100 if paid by September 1, 2017 – 100% can be reimbursed for the first 12 CASA volunteers who sign up by calling Colleen Schoonmaker, 419-213-6781**To sign up:** Follow the instructions at: <https://www.ohiocasa.org/2017-ckc/>**Instructor:** Multiple Instructors**Description:** The Ohio CASA Annual Celebrate Kids! Conference will feature more than 40 educational workshops designed to cultivate knowledge and skill development, encourage networking, and provide an enjoyable environment for camaraderie for all who participate in the 3-day event.***Rule 48****Understanding and Helping Hurting Primary Families****Date:** Friday, September 22, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Janice Williams**Description:** This workshop graphically describes the plight of the socio-economically disadvantaged family through the clients' eyes. Through visual aids, group activities, and highly interactive dialogue, participants are afforded the opportunity to "walk in the shoes" of the poor, discriminated, and marginalized client. Participants will learn, via the clients' own words, what their lives are like, and the challenges to being capable and nurturing parents. Through a variety of experiential activities, participants will learn how to identify and overcome their own biases and effectively relate to and motivate the "resistant" client.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free**Normalcy and the Reasonable and Prudent Parent Standard****Date:** Monday, September 25, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Miriam Lewis at miriam.lewis@co.lucas.oh.us Registration is limited to 30.**Instructor:** CeCe Norwood**Description:** This three-hour workshop introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS, and will practice applying the standard in a number of scenarios.***Rule 48****Time:** 6:00 pm – 9:00 pm (3 hours)**Cost:** Free**Creative Play****Date:** Tuesday, September 26, 2017**Place:** Lucas County Conference and Learning Center**To sign up:** Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.**Instructor:** Linda Davis**Description:** This workshop will present materials to assist participants in understanding the importance of play in child development. The learning will identify the problems that occur when children cannot play appropriately due to issues, abuse, or neglect. The participants will learn the theoretical importance of play therapy. Social workers and counselors will learn how to use different toys to help the interview process, and how those toys can also help children work through emotional issues. Participants will learn how to create a therapeutic toy box that will help children express their emotions related to abuse and/or neglect.***Rule 48****Time:** 9:00 am - 4:00 pm (6 hours)**Cost:** Free

Baby, Sister, and Me: A Plea to Keep Siblings Connected

Date: Wednesday, September 27, 2017

Place: Lucas County Conference and Learning Center

To sign up: Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.

Instructor: Anthony President

Description: The longest relationship most of us will have in our lives is with our siblings. From cradle to grave, siblings can be a constant relationship that we can depend on for social support. Unfortunately, 75% of siblings taken into foster care end up living apart (Child Welfare Information Gateway). Foster and adoptive siblings need opportunities to bond with their siblings who live outside of their homes. This workshop takes an exploratory view of the unique bond abused siblings share and strategies for social workers to keep siblings connected.

***Rule 48**

Time: 9:00 am – 4:00 pm (6 hours)

Cost: Free

Women’s Substance Abuse and Recovery Issues: Perspectives from a Clinician and a Client

***Rule 48**

Date: Friday, September 29, 2017

Place: Lucas County Conference and Learning Center

To sign up: Contact Megan Hite at megan.hite@co.lucas.oh.us Registration is limited to 30.

Instructor: China Darrington and Maureen Keating

Description: Being a woman with substance use issues takes an enormous toll on a family. Two out of three cases of abuse and neglect stem from growing up in a home with an addicted primary caregiver. The cultural role of women often presents significant barriers to treatment and obstacles to engaging in long-term recovery. The demands of caregiving can often take priority over a woman seeking treatment for her own issues. Approaches for engaging a woman and understanding her readiness to enter treatment are discussed, with emphasis on understanding child welfare issues and the types of substance use treatment interventions that support successful outcomes.

Time: 9:00 am - 4:00 pm (6 hours)

Cost: Free